Room to BREATHE

12 & 12

STEPS • TRADITIONS • CONCEPTS

NEW MEETING

A safe place to breathe, heal and grow together.

HOPE • HEALING • CONNECTION

STARTS

October 3, 2026

SATURDAYS

9:00 PM

A MEETING FOCUSED ON:

- THE STEPS
- THE TRADITIONS
- THE CONCEPTS
- OF AL-ANON

LOCATION:

MENTOR PLAINS
UNITED METHODIST CHURCH

7271 LAKESHORE BLVD.
MENTOR, OH 44060

18+ PLEASE

YOU ARE NOT ALONE.

EXPERIENCE • STRENGTH • HOPE