## Please read at your meetings.

### *Use of Material at Al-Anon Meetings*

To keep Al-Anon's message in focus, and to encourage unity, only Al-Anon/Alateen Conference Approved Literature (CAL) and Al-Anon/Alateen service tools are displayed, distributed, and used at Al-Anon and Alateen meetings; including meetings at conferences and conventions. These items reflect the informed group conscience of the Al-Anon Family Groups as expressed by its World Service Conference since 1961.

While individuals may use whatever they find helpful as part of their personal recovery outside of meetings, Al-Anon does not evaluate or recommend anything other than Al-Anon materials. When sharing at meetings, members limit any mention of outside material to a brief reference.

A.A. literature is not used at Al-Anon meetings because it is written for, and from, the viewpoint of alcoholics and is not Al-Anon/Alateen Conference Approved Literature. Reliance on opinions expressed in A.A. and other outside materials can distort the Al-Anon approach.

Conference Approved Literature provides a unified view of Al-Anon/Alateen to members, professionals, other individuals, and outside agencies. Service tools produced by the World Service Office reflect the Al-Anon/Alateen service structure and the shared experiences of our membership. (See Al-Anon Spoken Here [P-53], Why Conference Approved Literature? [P-35], and the "Three Obstacles to Success in Al-Anon," as found in Alcoholism, the Family Disease [P-4]
**Pages 111-112  2026 to 2029 Al-Anon/Alateen Service Manual**