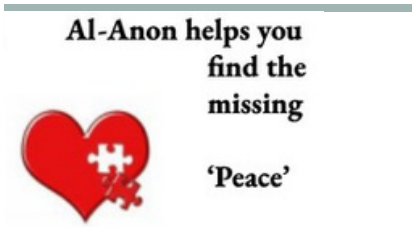
FEBRUARY 2023 ISSUE 40

Al-Anon Hi-Lites

Newsletter of the Greater Cleveland Intergroup Council

TAKE WHAT YOU LIKE AND LEAVE THE REST

Email fliers prior to the 20th of the month before to hilites.clev.ais@gmail.com



Cleveland Al-Anon Information Services

serving the Greater Cleveland Area

Cleveland Area Website
www.clevelandal-anon.org
Do you want HiLites delivered to your email?
hilites.clev.ais@gmail.com
Do you want HiLites delivered by U.S. Mail?
Call (216) 621-1381
Send All U.S. Mail to Greater Cleveland Al-Anon 14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107 Send literature orders to: cleveland.ohio.ais@gmail.com or call the Cleveland Area Office Location at (216) 621-1381

Cleveland Officers & Committee Chairs

Chairperson: Sydney P.

Office: Volunteers Alateen: Gary J
Secretary: Elizabeth S Website: Carolyn P
Treasurer: Patty D Public Information: Regina F
HiLites: Janice K Zoom Host: Hernan
Office: Julie C, Vivian M, Nancy H, Susan H, Kathleen M, Patti S

GREATER CLEVELAND AL-ANON INTERGROUP COUNCIL

Minutes of the Meeting of
January 20, 2023

Zoom log in information: Meeting ID is 847 9751 3760 or dial by phone 312-626-6799 followed by the meeting ID.

The meeting opened at 7:00 p.m. with the Serenity Prayer and a reading from HFT. The meeting was conducted via Zoom and 25 persons were in attendance.

1. **MINUTES**:
   The December 16, 2022, meeting minutes were sent previously to council members via email and shown on-screen for those present to read. The minutes of the meeting were approved as presented.

2. **OFFICE**:

   Nancy reported that things are going well at the office and the inventory was completed on 12/26. The new WSO manual will not be available in a print version until February. The small print version of HFT is on backorder.

3. **TREASURER**

   Patty presented the December finance report:

   Beginning Statement Balance: $23,347.39
   Ending Statement Balance: $23,074.57
   CD 1 - #8191 $30,778.39 (2/8/2023)
   CD 2 - #3125 $50,118.16 (1/29/2023)

   EXPENSES:
   Rent: $ 495.00
   Internet/Phone: $ 135.42
   Sales Tax: $ 108.65
   Per Diem: $ 230.00
   Postage: $ 107.56
   Literature Order: $ 1,697.65
   TOTAL EXPENSES: $ 2,774.28

   INCOME:
   Literature Sales: $ 1,368.35
   DONATIONS:
   Individual: $ 455.04
   Groups: $ 40.11
   YourCause: $ 140.00
   TOTAL INCOME: $ 2003.50

   ($770.78) LOSS

Liz asked why the monthly summary showed aloss of $771 but the bank statement showed only $73 difference. Patty said the bank statement was for 12/1-12/31/23. The statement of income and expenses represents items that may not have cleared the bank yet.

4. **HILI/TES**

Janice reported that Canva Pro requires users to login to their gmail account before logging into Canva Pro. This is because our account is linked through Mary Jo's account.

5. **ALATEEN**

Gary presented the Alateen report and financial statement:

Ohio Alateen will hold a Spring Rally, April 15th, 10am-3pm, at Faith Lutheran Church, 2726 W Market St, Fairlawn Oh 44333. Any Alateen and any Sponsor or any adult interested in Alateen Sponsorship is welcomed to attend. Cost is FREE and a lunch will be provided. KOMIAC this year is being hosted by Kentucky Alateen. The date has not been announced but is usually the last full weekend in July. More details to follow. Any questions, please let me know.

Joleen asked if the east side group still needed a sponsor. Gary said he thought they did but would check.

A question was asked regarding AMIAS recertification of Alateen groups/sponsors. Gary noted this process occurs about every 5 years. Sponsors are sent notification from the state that they need to get another background check.

2022 ALATEEN TREASURER REPORT

ALATEEN CLEVELAND CHECKING ACCOUNT
$ 7,910.13- 12/31/22
$. 9,200.48- 12/31/21

INCOME
$ 703.35- Al-Anon Group Donations
$ 140.00- Individual Donations

$ 843.35- TOTAL INCOME
EXPENSES
$ 1,390.00- KOMIAC REGISTRATION FEES

(3 Adults & 6 Alateens)

$ 743.70- VAN RENTAL

$ 2,133.70- TOTAL EXPENSES

6. **WEBSITE**

Carolyn submitted the 2022 website stats:

	Total Users	Average Time on Site	Search Acquisiton	Direct Acqusition	Referral Acqusition	Most Popular Page	Mobile Users	Desktop Users	Tablet Users
January	856	2:44	468	380	30	Meetings by Day	401	428	27
February	755	2:30	400	349	21	Meetings by Day	397	339	19
March	836	2:07	447	354	44	Meetings by Day	480	332	24
April	797	2:12	470	319	19	Meetings by Day	481	288	28
May	881	1:58	795	607	15	Meetings by Day	457	391	38
June	882	1:52	856	648	8	Meetings by Day	553	281	53
July	848	1:50	878	721	12	Meetings by Day	533	278	41
August	937	1:52	920	734	10	Meetings by Day	588	314	40
September	976	2:09	879	811	6	Meetings by Day	632	306	45
October	1178	1:54	562	517	9	Meetings by Day	750	393	41
November	855	2:10	481	288	3	Meetings by Day	518	300	40
December	859	1:40	481	292	5	Meeting by Day	543	292	28
SUM	10660	0:58	7637	6020	182		6333	3942	424
AVERAGE	888.3	2:04	636.4	501.7	15.2		527.8	328.5	35.3

Five meeting updates have been made since our last meeting. As always, updates and questions can be sent to cleveland.ais.website@gmail.com. If you have fliers to post in Hi-Lites and on the website, please send them to the website email as well.

7. **PUBLIC OUTREACH**:

Regina stated that her group has not met recently but is moving forward with several activities. Public outreach will participate in a presentation at the South Brooklyn library on substance abuse awareness on January 24. The state representative for outreach has proposed a monthly Zoom meeting for all outreach groups on the last Wednesday of the month. Regina will provide further detail as they become available. Public Outreach is also exploring ways to reach more of the suburban libraries. The balance in the public outreach fund is $937.67.

8. **DISTRICTS / OHIO AFG LIAISON** (Mary Jo):

Chosen Agenda Items (CAI's)
Each CAI submission has a limit of 100 words. Name the CAI topic in 25 words or less. Provide the rationale, an explanation of why you think this CAI is important, in 75 words or less. If you or your group have an issue that you would like to hear discussed at the WSC, please send it to me in the 25/75 word format, by February 15. I will let you know what our Area submits. You can read past Conference CAI's in the Conference Summary document on the al-anon.org website. Remember this should relate to Al-Anon as a whole.

AARP Update
Carmen I. has resigned due to health reasons and Irena H. is the new AARP with Rose R. continuing to be the assistant. There are 42 AIMIAS that need recertifying by June 15th. Itrena & Rose want to send reminder emails within the month.

Road Trip Update:
The 2022 Road Trip, right here in Cleveland had a record attendance, with 137 registered guests, and over 20 WSO Staff and Trustees. The room was full, with over 150 in attendance! The location of the 2023 Road Trip will be revealed after the January 2023 Board meeting.

WSO Finances:
Our WSO finances show a slight improvement, with contributions remaining strong. Literature sales are still below the pre-pandemic level.

CAL Literature: It was noted that all literature is now in print and available for purchase. The electronic **2022-2025 Al-Anon Service Manual (P-24/27) v2** available online at al-anon.org. WSO says despite delays due to production and paper shortage they expect the print volume soon and that the vendor will ship mid-February.

News about Electronic Groups:

- The first Group Transfer Between Areas Request Form has been translation into three languages and will be available this week.
- The form will support groups within the GEA (Global Electronic Area) that wish to transfer to a geographic area; therefore, it will initially only be available in the Electronic Meetings AFG Connects community. This approach minimizes confusion and accidental misuse. Staff will begin building the Group Transfer Form next for groups registered in geographical Areas that wish to transfer to the GEA.
- Another challenge is how to display meetings that intend to attract local newcomers rather than global newcomers? The Electronic Meeting page displays groups in the Global Electronic Area. These groups intend to attract newcomers from all over the world so the key information is meeting time and platform.
- Local electronic groups, in contrast, intend to attract members close in proximity, although they agree to adhere to our Traditions and welcome any Al-Anon member. For physical groups, the meeting search simply places a pin on the map that corresponds with the meeting location address. What to do about these local electronic groups? We recognized that we also need to place a pin, which means we need a physical location for them too. Once again, we have a plan! Moving forward, the WSO will require a zip/postal code for the neighborhood where each local electronic group is looking to attract new members. We will place a pin near the geographic center of that zip/postal code. To avoid meeting search user confusion, we will pick a location such as an

intersection, park, or waterway. Our plan also includes new pin icons to differentiate between in-person, electronic, and hybrid meetings."

9. UNFINISHED BUSINESS

a. Canva Pro: See Hi-Lites report.
b. Insurance Policy renewal: No volunteer has stepped forward to take over Jan S's duties. Patty said that Jan will write a paragraph for the HiLities about what is involved and is glad to assist whoever takes over.
c. CD renewals:

Betty presented information from NY Community Bank (formerly Ohio Savings) about new interest rates and terms for the CDs that are coming due. Hernan presented rates from a variety of other banks and credit unions. Considerable discussion ensued about how long to invest, whether to use local or online banks, interest rates, customer service of our current bank, where interest rates may be headed in the next year and whether to combine both CD's into one.

Sydney made a motion to move $50,000 from the larger CD coming due to a bank offering 5.12% for 18 months or shorter term if that bank is reputable. If the bank is not, into NY Community bank at the 3.5% rate. The motion was seconded by Jolene.

Vote: For: 16 Against: 4 Abstaining: 4

Hernan made a motion to amend the previous motion: If we can't or don't want to use the current rate, go to another bank. Patty seconded the motion.

Vote: For 22 Against: 1 Abstaining: 1

d. Al-anon structure presentation: In the interests of time, Sydney will present or send to anyone interested.
e. Bylaws review/update (postponed until February)
f. Stepping Stones Foundation donation (postponed until February)

10. NEW BUSINESS

a. Proposal to offer scholarships to Al-Anon members to attend the Al-Anon International Conference in Albuquerque, NM

Patty checked with several WSO staff about the feasibility of offering scholarships. WSO indicated that it is not appropriate for us to do so and that doing so might also impact our nonprofit status.

- The International meeting in Albuquerque is a healing weekend, not service work. Members are reimbursed for service work only.
- "In keeping with Traditions Six and Seven, the group does not provide financial aid to members in need or to any outside enterprise." 2022-2025 Alanon/Alateen Service Manual, p. 54
- In maintaining the principal of anonymity, no individual's gift is acknowledged publicly, not can the gift be earmarked for any specific purpose or program." 2022-

2025 Alanon/Alateen Service Manual, p. 103

- Under Warranty One: "Money charity to members is not a group, intergroup, or World Service Office." 2022-2025 Al-Anon/Alateen Service Manual, p. 219

A motion was made to adjourn the meeting and seconded. The meeting was adjourned by unanimous agreement at 8:39 following the Serenity Prayer

The next meeting will be Friday, February 17 at 7:00 p.m.

Respectfully submitted,

Liz S., Secretary

UPCOMING EVENTS

The Ohio Area needs volunteers to help with the possibility of a hybrid meeting. Without tech volunteers, the AWSC and the Spring Assembly will be in person only. Last, but certainly not least, we need a Registration Chair for these meetings, and a local committee chair for the AA Convention in Fairborn, OH on August 11-13.

April 1, 2023	Spring AWSC meeting (District Reps) Beech Maple Lodge (in Black Lick Woods) 6975 E Livingston Ave Reynoldsburg, Ohio 43068 Black Lick Woods Map
April 20-23, 2023	World Service Conference (WSC), Virginia Beach, VA
May 13, 2023	Spring Ohio Area Assembly (Group Reps) Spring Hollow 13 W Main St. Westerville, OH 43081
June 29-July 2, 2023	Al-Anon International Conference, Albuquerque, NM Early registration is open for Al-Anon International Conference Registration prior to May 10 is $200. After May 10 registration is $225. https://al-anon.org/wso-events/2023-al-anon-international-convention/
August 11-13, 2023	AA Convention Fairborn, OH

From the World Service Office

International Convention Registration!

Dear Al-Anon Members,

We are excited to announce that registration for the 2023 Al-Anon International Convention **opened Tuesday, November 8, 2022!**

While it is possible to register safely and securely using a smart device (smartphone or tablet), the user experience is not optimal. So, for best results, we recommend using a laptop/desktop computer. We ask that you share this with other members.

The registration fees are as follows:

- Prior to **January 11, 2023–$175**
- Prior to **May 10, 2023–$200**
- After **May 10, 2023–$225**

This registration includes access to the following events:

- **The Party in the Plaza** (Thursday night)
- **International Big Meeting**, including the Language of Love Parade (Friday morning)
- **Family Big Meeting** (Saturday night)
- **Spiritual Big Meeting** (Sunday morning)
- Your choice of many sessions throughout the event

Available add-ons, for additional fee:

- **Day of Connecting** (All day Thursday), Speakers and workshops celebrating service, the third leg in our recovery–$55 includes lunch.
- **Trailblazer's Breakfast on Route 66** (Saturday morning), a Speaker meeting celebrating Trailblazers throughout Al-Anon's history including those still trailblazing today–$75 includes breakfast.

Al-Anon Room Block

- The Al-Anon program will be held at the Convention Center, with one evening session occurring at the connected DoubleTree hotel.
- The A.A. program will be held in The Clyde hotel directly across the corner from the Convention Center.
- Al-Anon has negotiated reasonable room rates that are dependent on members reserving housing through the International Convention Housing Room Block, this helps the registration fee remain as low as possible.
- The room rates range from $124 to $189 a night.
- Reserve your hotel room early to be close to all the action.

Secretaries: Please share at meetings

From Ohio Area

Liaison Report

News about Electronic Groups:

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- The form will support groups within the GEA (Global Electronic Area) that wish to transfer to a geographic area; therefore, it will initially only be available in the Electronic Meetings AFG Connects community. This approach minimizes confusion and accidental misuse. Staff will begin building the Group Transfer Form next for groups registered in geographical Areas that wish to transfer to the GEA
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Al-Anon International Convention Albuquerque NM June 30-July 2. Registration cost prior to May 10, 2023 -- $200 - after May 10, 2023 -- $225.

Save the Dates:

- April 1, 2023 - AWSC
- May 13, 2023 - Spring Assembly
- The Ohio Area needs volunteers to help with the possibility of a hybrid meeting. Without tech volunteers, the AWSC and the Spring Assembly will be in person only. Last, but certainly not least, we need a Registration Chair for these meetings, and a local committee chair for the AA Convention in Fairborn, OH on August 11-13.

Acronyms shared by Gerri A.

FEBRUARY = "Fellowship & Enlightening Books, Receive Unconditional Al-Anon Reinforcement Year-round"

STEP TWO= "Stand Tall Expand Perspective. Today Witness Ourselves"

FREEDOM = "Forever Remember Each & Every Dawn Offers Miracles"

~ Gerri A. 2023

artwork submitted by Mike T Brooklyn Friday AFG

Public Outreach

Hello Friends!

The 2022-2023 PSA campaign generated 59 new airplays since the middle of December for a total of 428 plays in Ohio through January 14. While the rate is slower than during the pandemic, the WSO is pleased with the campaign thus far.

As a reminder, If you hear a station play our PSAs, please reach out to them to thank them and encourage them to continue to air the PSAs. If you heard other stations air the PSAs in the past, but have not heard them recently, encourage them to air the PSAs during this holiday season.

If stations inquire about airing the PSAs, most radio stations can access our PSA through the PSN Bank. If they don't have access to the PSN bank, they can send their contact information including the Station call letters, contact name, number and email address to media@al-anon.org and the Al-Anon PSN will get them access to the radio PSAs. Small TV stations, colleges, school districts, community organizations, and other non-media related groups can access and feel free to share the 15 second, 30 second, and 60 second video PSAs on the Al-Anon YouTube channel.

The WSO has not yet shared the communications to be shared throughout February. I'll distribute them as soon as they are posted. I am hopeful to be able to share them on tomorrow night's Public Outreach Zoom call at 7 pm. You can join us at:

https://us02web.zoom.us/j/88488409759?pwd=S2F2eXUyeURLOERHMjBCU3RzNDlRUT09
Zoom ID: 884 8840 9759
Passcode: Outreach
One tap mobile: +16469313860,,88488409759#,,,,*85615428# US

Other District and Group Level Opportunities

There is much we can do individually to reach individuals and professionals in our own communities, including:

- Resharing Al-Anon's social media content if you are comfortable with it.
- Using the public outreach resources published on the alanon.org public outreach page at: https://al-anon.org/for-members/public-outreach/. The WSO continues to develop and post electronic materials we can easily customize and use locally.
- Emailing our contactless flyer to professionals and organizations in your district.
- Using our printable wraps for distributing Al-Anon Faces Alcoholism to professionals or groups in your district.
- Adapting our public outreach posters for use locally.
- Using our printable contact cards to share your contact information with newcomers or professionals
- Emailing electronic materials to professionals and organizations. Materials can be downloaded at no cost at:
  - https://al-anon.org/for-members/members-resources/literature/downloadable-items/
  - https://ecomm.al-anon.org/ICommerce/Shop/ICommerce/Store/StoreLayouts/Home.aspx
- Mailing or dropping off print materials where appropriate.
- Encouraging colleges, school districts, community organizations, and other non-media related groups to publish our PSAs. 15 second, 30 second, and 60 second versions are available on the Al-Anon YouTube channel.

As always, I would love your thoughts on things we could be doing to support public outreach across our area.

Best,

Sheri

Sheri Bogardus
Ohio Public Outreach Coordinator
513-252-4703
swbogardus@gmail.com
www.ohioal-anon.org

Public Outreach

Hello Friends,

I have wanted to start a monthly public outreach collaboration across our area to share ideas and learnings for some time, so I'm getting off the dime and starting the new year with an invitation to join me on Zoom on the last Wednesday of every month at 7 pm to discuss all things public outreach related.

If the meeting time is a challenge for those of you who want to participate, we can easily shift the time now or as we move forward.

I hope you will join me for our first Zoom next Wednesday, January 25th at 7pm at:

https://us02web.zoom.us/j/88488409759?pwd=S2F2eXUyeURLOERHMjBCU3RzNDlRUT09

Zoom ID: 884 8840 9759
Passcode: Outreach

One tap mobile:
+16469313860,,88488409759#,,,,*85615428# US

Hope to see you there!

Best,

Sheri

Sheri Bogardus
Ohio Public Outreach Coordinator
513-252-4703
swbogardus@gmail.com
www.ohioal-anon.org

AlaShare

Monthly sharing of original essays, poems, lyrics, drawing, paintings, photos, & ideas Members wishing to submit a share please send to: hilites.clev.ais@gmail.com

Be Still and Know that I Am GOD

Be Still and Know that I Am

Be Still and Know

Be Still

"BE"

ABCs of BE

BE Authentic	BE Balanced	BE Calm	BE Dependable
BE Evolving	BE Faithful	BE Grateful	BE Humble
BE Intimate	BE Joyful	BE Kind	BE Loving
BE Magnanimous	BE Nice	BE Open	BE Patient
BE Quiet	BE Resilient	BE Silent	BE Tolerant
BE United	BE Vulnerable	BE Willing	BE Xenacious
	BE You	BE Zen	

submitted by Denise M of Westlake Gratitude AFG

Alateen Corner

Happiness is Alateen AFG 63401 D47 Tuesdays at 8 pm. has moved location - West Shore Unitarian Church, 20401 Hilliard Blvd. Al-Anon mtg. same time, but separate.

Indy Alateen AFG Wednesday 7 pm at Lutheran Concordia Church 6705 Brecksville Rd. Brecksville. Al-Anon meeting at the same time but separate

Sunday Alateen Sharing AFG 30717037 D38 Sunday 7:30 pm Church of the Good Shepherd 23599 Cedar Road Lyndhurst.

Alateen Report

Ohio Alateen will hold a Spring Rally, April 15th, 10am-3pm, at Faith Lutheran Church, 2726 W Market St, Fairlawn Oh 44333. Any Alateen and any Sponsor or any adult interested in Alateen Sponsorship is welcomed to attend. Cost is FREE and a lunch will be provided.
KOMIAC this year is being hosted by Kentucky Alateen. The date has not been announced but is usually the last full weekend in July. More details to follow.
Respectfully, Gary J Cleveland Area Alateen Coordinator

3:00 PM Sunday **Parma** Triangle AFG District 07 Parma Park Church of God 12000 Huffman Rd, Parma, OH 44130, USA **Details:** Beginner, Families and Friends Only, Online Meeting, Wheelchair Accessible **Notes:** Phone meeting at 4:15 pm. Beginners' meeting using the book How Al-Anon Works. **Zoom Info:** (978) 990-5000 || Access Code: 389413#	**4:00 PM Sunday** **Shaker Heights** Sunday Serenity Circle AFG District 02 Unitarian Universalist Church 21600 Shaker Blvd, Shaker Heights, OH 44122, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**	**6:00 PM Sunday** **Willard** Willard AFG District 12 Grace Methodist Church 108 W Maple St, Willard, OH 44890, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
7:00 PM Sunday **Bentleyville** Chagrin Falls Discussion AFG District 38 Bentleyville Town Hall 6253 Chagrin River Rd, Bentleyville, OH 44022, USA **Details:** Families and Friends Only, Online Meeting, Wheelchair Accessible **Notes:** Questions? Email chagrinfallsdiscussion@gmail.com. **Zoom Info:** 827 5266 4345 || 956225 (929) 205-6099	**7:00 PM Sunday** **Mentor** Mentor Serenity Sunday ACA AFG District 45 Hope Ridge United Methodist Church 9870 Johnnycake Ridge Rd, Mentor, OH 44060, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** Meeting will start meeting at 7 pm in January. **Zoom Info:**	**7:00 PM Sunday** **North Olmsted** Let It Begin With Me AFG District 47 John Knox Presbyterian Church 25200 Lorain Rd, North Olmsted, OH 44070, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**
7:30 PM Sunday **Lyndhurst** Sunday Alateen Sharing AFG District 38 Church of the Good Shepherd 23599 Cedar Rd, Beachwood, OH 44122, USA **Details:** **Notes:** Alateen. **Zoom Info:**	**7:30 PM Sunday** **Lyndhurst** Sunday Sharing AFG District 38 Church of the Good Shepherd 23599 Cedar Rd, Beachwood, OH 44122, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:30 PM Sunday** **Amherst** Sunday Night Family AFG District 08 Good Shepherd Church 1100 Cleveland Ave, Amherst, OH 44001, USA **Details:** Families and Friends Only, Online Meeting, Wheelchair Accessible **Notes:** **Zoom Info:** (425) 436-6339 || Access Code: 711661#
9:30 AM Monday **Willoughby** Monday Sunshine AFG District 45 Willoughby Methodist Church 15 E Spaulding St, Willoughby, OH 44094, USA **Details:** Families Friends and Observers Welcome, Fragrance Free, Online Meeting **Notes:** Meeting must be entered via the door by the church parking lot. **Zoom Info:** 838 2394 2026 (301) 715-8592 || Access Code: 40079#	**10:00 AM Monday** **Strongsville** Light My Way AFG District 07 St. John Neumann's 16271 Pearl Rd, Strongsville, OH 44136, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**10:00 AM Monday** **Brecksville** Morning Study & Discussion AFG District 01 United Methodist Church 65 Public Square #21, Brecksville, OH 44141, USA **Details:** Babysitting Available, Online Meeting, Wheelchair Accessible **Notes:**

Reach out for help.

10:30 AM Monday **Madison** Madison Monday AFG District 45 Chapel United Methodist Church 2019 Hubbard Rd, Madison, OH 44057, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**12:30 PM Monday** Garfield Gratitude AFG The Rock Community Church 9403 Garfield Blvd, Garfield Heights, OH 44125, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**6:00 PM Monday** **Willoughby** Courage to Be Me AFG District 45 Night and Day Club 35403 Euclid Ave, Willoughby, OH 44094, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
6:30 PM Monday **Euclid** Ash Monday AFG District 38 Lakeshore Christian Church 28010 Lakeshore Blvd, Euclid, OH 44132, USA **Details:** Families and Friends Only, Location Temporarily Closed, Online Meeting, Wheelchair Accessible **Notes:** This meeting is temporarily on Zoom. Please call Pamela at 216.308.2280 with questions. **Zoom Info:** 819 3184 8100 || No Access Code	**7:00 PM Monday** **Bay Village** Columbia Discussion AFG District 47 Bay United Methodist 29931 Lake Rd, Bay Village, OH 44140, USA **Details:** Wheelchair Accessible **Notes:** **Zoom Info:**	**7:00 PM Monday** **Cleveland Heights** Now There's Hope AFG District 34 Forest Hills Presbyterian Church 3031 Monticello Blvd, Cleveland Heights, OH 44118, USA **Details:** Beginner, Families and Friends Only **Notes:** 6:30 PM beginners meeting. **Zoom Info:**
7:00 PM Monday **North Olmsted** Monday Nite Live AFG District 47 John Knox Presbyterian Church 25200 Lorain Rd, North Olmsted, OH 44070, USA **Details:** Beginner, Families and Friends Only **Notes:** Meeting in Library with Mask. Beginners meeting follows regular meeting. **Zoom Info:**	**7:30 PM Monday** **Brunswick** Brunswick New Day AFG District 07 Carlson Funeral Home 1642 Pearl Rd, Brunswick, OH 44212, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:30 PM Monday** **Lyndhurst** Lyndhurst AFG District 38 Church of the Good Shepherd 23599 Cedar Rd, Beachwood, OH 44122, USA **Details:** Beginner, Families and Friends Only **Notes:** Beginner's Welcome. **Zoom Info:**
7:30 PM Monday **Parma Heights** Brook Park Monday AFG District 07 Divinity Lutheran Church 11877 Blossom Ave, Parma Heights, OH 44130, USA **Details:** Beginner, Families and Friends Only, Wheelchair Accessible **Notes:** Beginner's Greeting at 7 pm. **Zoom Info:**	**7:30 PM Monday** **Lakewood** Lakewood Monday AFG District 05 Lakewood Presbyterian Church 14502 Detroit Ave, Lakewood, OH 44107, USA **Details:** Beginner, Families and Friends Only, Online Meeting, Wheelchair Accessible **Notes:** Beginners meeting afterward. **Zoom Info:** 844 8760 6800 || afgmon (312) 626-6799 || Access Code: 716558#	**7:30 PM Monday** **Mentor** Courage to Change AFG Pilgrim Lutheran Brethren 9514 Johnnycake Ridge Rd, Painesville, OH 44077, USA **Details:** Beginner, Families and Friends Only, Wheelchair Accessible **Notes:** 7:00 Beginners Meeting in Gym. **Zoom Info:**

7:30 PM Monday **Thompson** Thompson AFG District 45 United Methodist Church 6758 Madison Rd, Thompson, OH 44086, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**	**8:00 PM Monday** **Highland Heights** East Side Men's AFG District 38 Amazing Grace Church 5632 Wilson Mills Rd, Highland Heights, OH 44143, USA **Details:** Families and Friends Only, Men, Online Meeting **Notes:** **Zoom Info:** For information email us at: eastsidemenzoom@gmail.com.	**8:00 PM Monday** **Chagrin Falls** Acceptance AFG District 38 BRC (Bainbridge Recovery Club) 8231 E Washington St, Chagrin Falls, OH 44023, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**
8:00 PM Monday **Jefferson** Jefferson AFG District 29 St. Paul's Lutheran Church 89 E Satin St, Jefferson, OH 44047, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**8:00 PM Monday** **Shaker Heights** Shaker AFG District 02 Unitarian Universalist Church 21600 Shaker Blvd, Shaker Heights, OH 44122, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**9:30 AM Tuesday** **Painesville** Painesville Tuesday Morning AFG District 45 Fr. Hanson Family Center 242 N State St, Painesville, OH 44077, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**
9:30 AM Tuesday **Olmsted Falls** Olmsted Falls AM AFG District 47 Olmsted Falls Community Church 7853 Main St, Olmsted Falls, OH 44138, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** Meeting is in the back of the church. **Zoom Info:**	**9:45 AM Tuesday** **Lyndhurst** Circle of Hope AFG District 38 Lyndhurst Community Presbyterian Church 5312 Mayfield Rd, Lyndhurst, OH 44124, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**	**1:15 PM Tuesday** **Bay Village** New Hope Tuesday Afternoon AFG District 47 Bay United Methodist 29931 Lake Rd, Bay Village, OH 44140, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
6:00 PM Tuesday **Solon** Solon Serenity AFG District 38 Solon Solon, OH 44139, USA **Details:** Families and Friends Only, Online Meeting **Notes:** Please email for Zoom information. **Zoom Info:** Email: SolonSerenity@gmail.com	**6:30 PM Tuesday** **Bay Village** Westside Women's Weekday AFG District 47 Bay Presbyterian Church 25415 Lake Rd, Bay Village, OH 44140, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** Meeting is held in Room 206. **Zoom Info:**	**6:45 PM Tuesday** **Euclid** Euclid Tuesday AFG District 38 Church of the Epiphany 21000 Lakeshore Blvd, Euclid, OH 44123, USA **Details:** Beginner, Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**

7:00 PM Tuesday **Strongsville** Strongsville Serenity AFG District 07 First Lutheran Church 19419 Royalton Rd, Strongsville, OH 44149, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:00 PM Tuesday** **Norwalk** Norwalk Tuesday AFG District 12 First United Methodist Church 60 W Main St, Norwalk, OH 44857, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:00 PM Tuesday** **Ashtabula** Let It Begin With Me AFG District 29 Trinity Presbyterian Church 1342 W Prospect Rd, Ashtabula, OH 44004, USA **Details**: Families Friends and Observers Welcome **Notes:** **Zoom Info:**
7:30 PM Tuesday **Middleburg Heights** Expect A Miracle AFG District 07 Bethel Lutheran Church 7171 Pearl Rd, Middleburg Heights, OH 44130, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**	**7:30 PM Tuesday** **Oberlin** Oberlin Tuesday Night AFG District 08 First Church in Oberlin 106 N Main St, Oberlin, OH 44074, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:30 PM Tuesday** **Kirtland** Kirtland Tuesday AFG District 45 Old South Church 9802 Chillicothe Rd, Kirtland, OH 44094, USA **Details**: Families Friends and Observers Welcome **Notes:** **Zoom Info:**
7:30 PM Tuesday **Cleveland** Paths To Recovery AFG District 05 Pilgrim Congregational UCC 2592 W 14th St, Cleveland, OH 44113, USA **Details**: Beginner, Families and Friends Only, Online Meeting, Wheelchair Accessible **Notes:** 7:00PM beginners. **Zoom Info:** (978) 990-5000 || Access Code: 832293#	**8:00 PM Tuesday** **Rocky River** Happiness is Alateen AFG District 47 West Shore Unitarian Church 20401 Hilliard Blvd, Rocky River, OH 44116, USA **Details**: **Notes:** Alateen. Masks & social distancing. Al-Anon meeting at the same time. **Zoom Info:**	**8:00 PM Tuesday** **Rocky River** Suburban West AFG District 47 West Shore Unitarian Church 20401 Hilliard Blvd, Rocky River, OH 44116, USA **Details**: Beginner, Families and Friends Only **Notes:** Beginners meeting at 7:30 pm. Alateen meeting at 8:00 pm. **Zoom Info:**
9:30 AM Wednesday **Lyndhurst** Lyndhurst AFG District 38 Church of the Good Shepherd 23599 Cedar Rd, Beachwood, OH 44122, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**	**9:30 AM Wednesday** **Lakewood** Faith Hope & Love AFG District 05 Lakewood United Methodist Church 15700 Detroit Ave, Lakewood, OH 44107, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** CAL Book study to follow meeting at 10:45 am. Currently reading Al-Anon 12 Steps and 12 Traditions. 1 hour. All Al-Anon members welcome. **Zoom Info:**	**10:15 AM Wednesday** **Chagrin Falls** New Dawn AFG District 38 St. Martin's Episcopal Church 6295 Chagrin River Rd, Bentleyville, OH 44022, USA **Details**: Beginner, Families and Friends Only, Wheelchair Accessible **Notes:** Masks and social distancing. Beginners meeting at 9:30 am. **Zoom Info:**

The fact is that alcoholism is an illogical disease, we may never fully comprehend it.

7:00 PM Wednesday **Chagrin Falls** Chagrin Valley Wednesday Night AFG District 38 BRC (Bainbridge Recovery Club) 8231 E Washington St, Chagrin Falls, OH 44023, USA **Details**: Families and Friends Only, Online Meeting **Notes:** Hybrid meeting, audio only. **Zoom Info:** 882 5491 7670 || 8675309	**7:00 PM Wednesday** **Bay Village** Release & Hope AFG District 47 Bay Presbyterian Church 25415 Lake Rd, Bay Village, OH 44140, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** Social distancing **Zoom Info:**	**7:00 PM Wednesday** **Independence** Independence AFG District 01 Concordia Lutheran Church 6705 Brecksville Rd, Independence, OH 44131, USA **Details**: Families and Friends Only, Online Meeting **Notes:** Alateen meeting at the same time, but separate. ALATEEN ZOOM: 892 7359 3667 || 525959. **Zoom Info:** 882 8083 6047 || serenity
7:00 PM Wednesday **Independence** Indy Alateen AFG District 01 Concordia Lutheran Church 6705 Brecksville Rd, Independence, OH 44131, USA **Details**: **Notes:** Alateen, Al-Anon meeting at the same time, but separate. **Zoom Info:**	**7:00 PM Wednesday** **Fairport Harbor** Fairport Harbor AFG District 45 Fairport Congregational Church 308 3rd St, Fairport Harbor, OH 44077, USA **Details**: Beginner, Families Friends and Observers Welcome **Notes:** Beginners meeting at 6:30 pm. **Zoom Info:**	**7:00 PM Wednesday** **Brecksville** Brecksville Wednesday AFG District 45 United Methodist Church 65 Public Square #21, Brecksville, OH 44141, USA **Details**: Families and Friends Only, Location Temporarily Closed, Step Meeting **Notes:** Step Meeting at 6pm using Reach For Personal Freedom. **Zoom Info:**
7:30 PM Wednesday **Amherst** Amherst Westside Serenity AFG District 08 Amherst United Methodist Church 396 Park Ave, Amherst, OH 44001, USA **Details**: Families and Friends Only, Online Meeting **Notes:** **Zoom Info:** 833 3746 0262 || 134270	**7:30 PM Wednesday** **Middleburg Heights** Middleburg Wednesday AFG District 07 Trinity Lutheran Church 14040 Bagley Rd, Middleburg Heights, OH 44130, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**	**[illegible] PM Wednesday** **[illegible]walk** Maple City AFG District 12 First Presbyterian Church 21 Firelands Blvd, Norwalk, OH 44857, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
8:00 PM Wednesday **South Euclid** Heights How It Works AFG District 38 South Euclid South Euclid, OH, USA **Details**: Families Friends and Observers Welcome, Online Meeting **Notes:** **Zoom Info:** 319 696 4292 || 013693	**10:00 AM Thursday** **Parma Heights** Think Thursday AFG District 01 St. John Bosco 6480 Pearl Rd, Parma Heights, OH 44130, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**10:00 AM Thursday** **Chagrin Falls** Solon Charity AFG District 38 St. Martin's Episcopal Church 6295 Chagrin River Rd, Bentleyville, OH 44022, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**

11:00 AM Thursday **Lorain** Thursday Morning Just for Today AFG District 08 LCADA Office 2115 W Park Dr, Lorain, OH 44053, USA **Details:** Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**12:00 PM Thursday** **Euclid** Lakeshore Thursday A.M. AFG District 38 Eastshore United Methodist Church 23002 Lakeshore Blvd, Euclid, OH 44123, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**1:00 PM Thursday** **Lakewood** New Hope Thursday Afternoon AFG District 05 Lakewood Presbyterian Church 14502 Detroit Ave, Lakewood, OH 44107, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
6:00 PM Thursday **Willoughby** Willoughby Thursday Let it Go AFG Night and Day Club 35403 Euclid Ave, Willoughby, OH 44094, USA **Details:** Men, Step Meeting **Notes:** Workbook study of Reaching for Personal Freedom. WSO # 30794500 **Zoom Info:**	**7:00 PM Thursday** **Burton** Burton Thursday AFG District 45 Burton United Church 14558 W Park St, Burton, OH 44021, USA **Details:** Families Friends and Observers Welcome, Online Meeting, Wheelchair Accessible **Notes:** Masks. **Zoom Info:** 463 372 1971 || Burton (Capital B)	**7:00 PM Thursday** **Willoughby** Stepping Up AFG District 45 First Presbyterian Church 4785 Shankland Rd, Willoughby, OH 44094, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
7:00 PM Thursday **Independence** New Beginnings AFG District 34 Independence Independence, OH, USA **Details:** Families Friends and Observers Welcome, Online Meeting **Notes:** **Zoom Info:** (605) 472-5318 || Access Code: 827872#	**7:00 PM Thursday** **Madison** Living With Hope AFG District 45 Trinity Lutheran Church 6345 Chapel Rd, Madison, OH 44057, USA **Details:** Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:30 PM Thursday** **Cleveland** How It Works for Adult Children of Alcoholics AFG District 05 Denison United Church of Christ 9900 Denison Ave, Cleveland, OH 44102, USA **Details:** Beginner, Families Friends and Observers Welcome, Online Meeting, Wheelchair Accessible **Notes:** Beginners meeting at 7:00 PM. Entrance to the meeting is through the green door on West 99th Street. Please ring the bell or call the meeting phone number to request entry if no greeter is present. **Zoom Info:** (978) 990-5000 || Access Code: 832293#
7:30 PM Thursday **North Ridgeville** North Ridgeville Caring AFG District 08 First Congregational United Church of Christ 36363 Center Ridge Rd, North Ridgeville, OH 44039, USA **Details:** Families and Friends Only, Online Meeting **Notes:** **Zoom Info:** 817-4521-3241 || 701736	**7:30 PM Thursday** **Fairview Park** New Day AFG District 47 St. Angela's Church 20970 Lorain Rd, Fairview Park, OH 44126, USA **Details:** Families and Friends Only **Notes:** **Zoom Info:**	**8:00 PM Thursday** **Westlake** Westlake Gratitude AFG District 47 Dover Congregational Church 2239 Dover Center Rd, Westlake, OH 44145, USA **Details:** Beginner, Families and Friends Only **Notes:** Beginner's meeting at 7:30 pm. **Zoom Info:**

8:00 PM Thursday **Brook Park** Make A Better Day AFG District 07 Mary Queen of the Apostles Church 6455 Engle Rd, Brook Park, OH 44142, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**	**8:00 PM Thursday** **Parma** Parma Serenity AFG District 01 St. Columbkille Parish 6740 Broadview Rd, Parma, OH 44134, USA **Details**: Families Friends and Observers Welcome **Notes:** **Zoom Info:**	**8:00 PM Thursday** **Berea** Berea Thursday AFG District 01 St. Thomas Episcopal Church 50 E Bagley Rd, Berea, OH 44017, USA **Details:** **Notes:** **Zoom Info:**
9:45 AM Friday **Rocky River** Friday Morning Westlake AFG District 47 Rockport United Methodist Church 3301 Wooster Rd, Rocky River, OH 44116, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**	**10:00 AM Friday** **Olmsted Falls** Berea Friday AM AFG District 47 Christ United Church 23114 W Rd, Olmsted Falls, OH 44138, USA **Details**: Beginner, Families and Friends Only, Wheelchair Accessible **Notes:** Beginners at 9:30. **Zoom Info:**	**10:00 AM Friday** **Cleveland Heights** East Cleveland Hand in Hand AFG District 34 Forest Hills Presbyterian Church 3031 Monticello Blvd, Cleveland Heights, OH 44118, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**
6:30 PM Friday **Solon** Solon Friday Parents AFG District 38 Our Redeemer Lutheran Church 7196 Som Center Rd, Solon, OH 44139, USA **Details**: Families and Friends Only, Online Meeting **Notes:** Meeting is in the library. Please use back entrance. **Zoom Info:** For more info, email us at: SolonFridayAFG@gmail.com.	**7:00 PM Friday** **Brooklyn** Brooklyn Friday AFG District 05 Brooklyn Brooklyn, OH, USA **Details**: Beginner, Families Friends and Observers Welcome, Online Meeting **Notes:** Beginners at 6:15 PM. **Zoom Info:** (605) 313-5879 || Access Code: 455981#	**7:00 PM Friday** **Wickliffe** Friday Freedom AFG District 45 Center for Pastoral Leadership 28700 Euclid Ave, Wickliffe, OH 44092, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** **Zoom Info:**
7:30 PM Friday **Chardon** Chardon Care & Share AFG District 45 St. Luke's Episcopalian Church 11519 Wilson Mills Rd, Chardon, OH 44024, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**7:30 PM Friday** **Cleveland** Cleveland Family of Choice AFG District 05 West Park United Church of Christ 3909 Rocky River Dr, Cleveland, OH 44111, USA **Details**: Families and Friends Only, Online Meeting **Notes:** In-person meeting in the annex building. **Zoom Info:** 454 6779 505 || 746933 Access Code: 746933#	**8:00 PM Friday** **Greenwich** Greenwich Friday Nite AFG District 12 Church of Christ 10 Townsend St, Greenwich, OH 44837, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**

8:00 PM Friday **Independence** One Day At a Time AFG District 01 Concordia Lutheran Church 6705 Brecksville Rd, Independence, OH 44131, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**9:00 AM Saturday** **Cleveland** Westside Women's Saturday AFG District 05 Bethany Presbyterian Church 6415 W Clinton Ave, Cleveland, OH 44102, USA **Details**: Families and Friends Only, Online Meeting **Notes:** **Zoom Info:** 762 519 726 || Alanon	**10:00 AM Saturday** **Willoughby** Willoughby 4th Step Saturday AFG District 45 Body of Christ Church 38057 Erie Rd, Willoughby, OH 44094, USA **Details**: Families and Friends Only, Wheelchair Accessible **Notes:** Beginner's meeting at 9:30 am. **Zoom Info:**
10:00 AM Saturday **Cleveland Heights** 4th Step Journey AFG District 34 St. Paul's Episcopal Church 2747 Fairmount Blvd, Cleveland Heights, OH 44106, USA **Details**: Families and Friends Only **Notes:** **Zoom Info:**	**10:15 AM Saturday** **Maple Heights** AFG facing Alcoholism AFG District 02 St. Martin de Tours 14600 Turney Rd, Maple Heights, OH 44137, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** **Zoom Info:**	**8:00 PM Saturday** **Berea** Saturday's Rainbow AFG District 07 St. Paul Lutheran Church 276 E Bagley Rd, Berea, OH 44017, USA **Details**: Families Friends and Observers Welcome, Wheelchair Accessible **Notes:** AA meeting at the same time. **Zoom Info:**

Care ABOUT people, not FOR them.

Literature Order Form

To see the literature order form, please click here

Please send literature orders to: cleveland.ohio.ais@gmail.

You may have your books shipped. We also have literature pick-up at the office (14900 Detroit Ave. Suite 308 in Lakewood). Please call (216) 621-1381 to place an order and arrange pick-up. The P.O. Box is closed so please address all payments and correspondence to the office address (14900 Detroit Ave Suite 308 Lakewood, OH 44107.

7th Tradition Arms of Service

For All Contributions: Please include your group # on the check memo line!
How to contribute to Greater Cleveland Al Anon Office:
Please send checks made out to: Greater Cleveland Al-Anon14900 Detroit Ave Suite 308 Lakewood, OH 441073 or try our new Paypal button on the website!
How to contribute to Ohio Area Assembly:
Make all checks payable to AFG of Ohio and mail to: AFG of Ohio, Inc. PO Box 42084 Brook Park, OH . 44142-0084
How to contribute to Alateen:
Make Checks payable to: Cleveland Alateen 14900 Detroit Ave Suite 308 Lakewood, OH 44107
How to contribute to WSO:
Make checks to AFG Inc. & send to Al-Anon Family Groups Inc. 1600 Corporate Landing Parkway Virginia Beach VA 23454-5617 or at al-anon.org.

Contribution Information Your Group's Gift to Us All

Akron Office Workshops

PRESENTED BY IRENA H

Schedule for the 2023 Workshops
Second Saturday of the month

Sharing Experience, Strength & Hope –
Based on own experiences when applying selected Al-Anon Literature, including 12 x 12 x 12

Tools Used by me, personally: Literature, Steps, Traditions, Concepts + Warranties

2023 – Literature, Steps, Traditions, Concepts + Warranties

January – Al-Anon Welcome: Irritable and Unreasonable, without knowing it

February – Al-Anon Welcome: May Aid Recovery 12 Concepts, and "no promises or promotion

March – Al-Anon Closing: Reason Things Out & Anonymity as a spiritual foundation
April – Step 5 Admitted to & Exact Nature
May – no workshop
June – Founders Day
July – Step 6 Entirely Ready To Remove Higher Power/God and I
August – Step 7 Humbly Asked Expectations, Lessons from 12 Concepts
September – Step 7 Process of Removing OUT, Moving IN Practice makes perfect, Slogans
October – Step 8 Made a List
November – Step 8 Became Willing
December – Step 11 Improve conscious contact with God As We Understood Him

Gratitude is the best antidote for anger.

CHAGRIN FALLS DISCUSSION AFG

Please join us as we celebrate our

34th Anniversary

Sunday, February 5, 2023

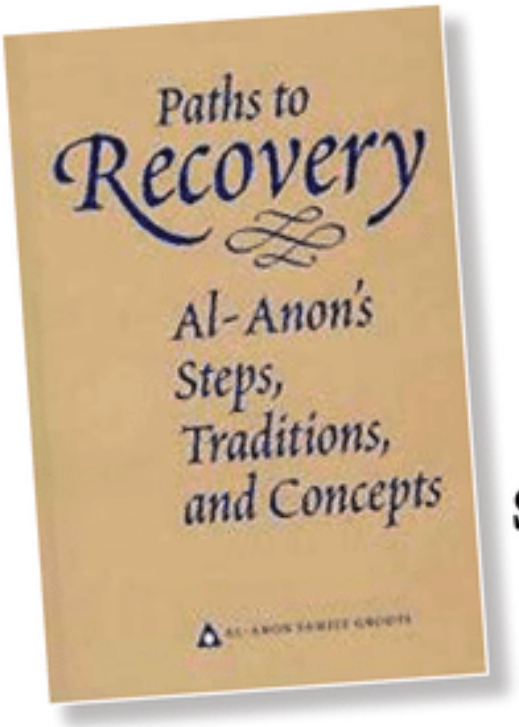
Valley Lutheran Church
87 E. Orange St.
Chagrin Falls, OH 44022

6:30pm Potluck Dinner
7:00pm Speakers

Hybrid Meeting
Meeting ID: 827 5266 4345
Meeting Passcode: 956225
Questions - Email - chagrinfallsdiscussion@gmail.com

ARE YOU READY FOR A SPIRITUAL AWAKENING IN 2023?

JOIN US FOR A ZOOM STEP STUDY USING AL-ANON LITERATURE



Paths to Recovery Step Study

(B-24)

Tuesdays
starting January 10, 2023
6:45–7:45 p.m. ET

FORMAT: Each week we will read a portion of a chapter on a Step, followed by all participants having the opportunity to answer each question at the end of that chapter.

Having a Spiritual Awakening for all who attend is far more vital than staying on the timeline.

The timeline is flexible and our goal is to finish before Memorial Day:

January 10	STEP 1	February 21	STEP 7
January 17	STEP 2	February 28	STEP 8
January 24	STEP 3	March 7	STEP 9
January 31	STEP 4	March 14	STEP 10
February 7	STEP 5	March 21	STEP 11
February 14	STEP 6	March 28	STEP 12

ZOOM MEETING ID: 730 4617 7568
PASSWORD: 086796

Hosted by Trumbull County Ohio Al-Anon members. This not an Al-Anon approved step study.