Newsletter of the Greater Cleveland Intergroup Council

August 2020

Al-Anon *HiLites*

Issue 11
Volume 11

Al-Anon Services
International News
Al-Anon Family Group World Service Office
1600 Corporate Landing Parkway
Virginia Beach, Virginia 23454-5617
Meeting Information
Visit www.Al-Anon.org
Cleveland Area Website
www.clevelandal-anon.org
Do you want HiLites delivered to your email?
hilites.clev.ais@gmail.com
Do you want HiLites delivered by U.S. Mail?
Call (216) 621-1381
Send All U.S. Mail Correspondence To Greater Cleveland Al-Anon, PO Box 42323, Brook Park, Ohio 44142-0323
Send literature orders to: cleveland.ohio.ais@gmail.com

Cleveland Area Office Location
14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107
△ **The office is open! Please call ahead** △
Office volunteers kindly request that masks be worn 😁

Please consider going to al-anon.org and contributing what normally you would be giving in your face to face meetings. We in Al-Anon say "contribution" because we are contributing to our own fellowship that provides us with so much opportunity for recovery! Please see page 13 for contribution information. Thank you for your contributions!

Al-Anon *HiLites* Policy: **Al-Anon** *HiLites* includes the experiences and opinions of Al-Anon members and others. Opinions expressed are not to be attributed to Al-Anon, nor does publication of any article imply endorsement by **Al-Anon** or *HiLites.* **Take what you like and leave the rest!**
To contact the volunteer editors of *HiLites*: please email hilites.clev.ais@gmail.com or U.S. mail to PO Box above.

△△△△△△△△△△△△△△△△△△△△△

Inside this issue:

Intergroup Report	1-2
AFG of Ohio & Survey	3
From the WSO	4-5
Pearls of Wisdom	3 & 5
Acronyms	6
HiLites Subscription	6
AlaShare & Alateen	7
New Electronic Mtgs.	8
Cancellations	10-12
Adult Children	13
Public Outreach	14
Literature/Updates	15
Contributions	16
Newcomers	**16**
WSO Downloads	17

For any correspondence regarding groups or office literature requests, email cleveland.ohio.ais@gmail.com Or call (216) 621-1381.

Publisher Newsletter of the Greater Cleveland Al-Anon & Alateen Intergroup Council

Al-Anon helps you find the missing 'Peace'

△△△△△△△△△

Intergroup News Cleveland Intergroup Council meets at 7:00 PM at Vincent Charity Hospital Rosary Hall Building 2nd Floor Room 203 -W 2351 East 22nd Street Cleveland, Ohio 44115

Officers & Committee Chairs

Chairperson: Betty	Office: ☆Volunteers	Alateen: Gary & Sara
Secretary: Sheila	World Service	Website: Ray
Treasurer: Merri	Public Information: Regina	HiLites: Mary Jo
	Archives: Vivian	

☆Office volunteers are: Julie C, Vivian M, Nancy H, Kathy B, Susan H & Kathleen M☆

CLEVELAND AL-ANON COUNCIL

No Council Meeting in July

The next Greater Cleveland Intergroup Al-Anon Council meeting will be held on August 21, 2020, via Zoom, in the same manner as the June meeting. There is no meeting in July. Meeting ID is 863 9482 8658#. You may dial by phone 929-205-6099 followed by the meeting ID.

△△△

Greater Cleveland Al-Anon Intergroup Council

Treasure's Report

July 12, 2020

June 30, 2020

Statement Ending Balance-May	$49,097.70
Statement Ending Balance-June	$48,701.55

This month we had three deposits in the amount of $704.02.

We had two electronic withdrawals of $127.83: One for our Sales Tax in the amount of $6.51 and the other for our Internet and phone in the amount of $121.32. We had one debit of $495.00 for our rent. We had no per diems for the month of June since the office was closed.

We had 9 checks clear the bank. I want to thank Sheila for meeting with me to sign checks dating back to January that I failed to have her sign for me.

Merri G	1265	$ 50.00	Per diem for December 2020	1/11/2020
Merri G	1270	$ 3.40	Postage to mail out 4 Hilites at 85 Cents each	1/29/2020
Merri G	1276	$ 55.00	Per diem for January 2020	2/3/2020
Merri G	1280	$ 14.00	70 cent stamps for Hilites f/US Postal Service	2/28/2020
Merri G	1287	$ 65.00	Per diem for February 2020	3/4/2020
Merri G	1299	$ 65.00	Merri G.-March flat fee per diem	4/6/2020
Merri G	1302	$ 10.05	Postage for April and May Hilites	5/30/2020
Merri G	1303	$ 161.89	Zoom Annual Fee for Intergroup Council Meetings	4/29/2020
Merri G	1310	$ 53.00	U. S Post Office Box Fee June thru December	6/3/2020

The June literature payments were $354.02 and the donations were $350.00. The June literature sales were $112.74.

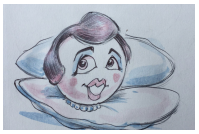
I contacted our CPA, Denise Kronenberger and told her that I had contacted Praesidium but due to the anonymity of our organization, members do not feel comfortable looking at the credit or criminal reports of those in the program even with their permission and no one wants to print and keep the reports. However, I told her that we would feel safe having a professional organization like her company look over it. I asked her if this is a service that she would be able to help us with.

Denise got back to me with the following response:

"Yes, we can provide that service. Your council will have to set up criteria we can follow for disclosure. For example, what in their records would you want to be informed of. Bankruptcy? Debt in excess of a certain amount like $20,000 in credit cards? More than 10 credit cards with balances? Late paying on credit cards or loans more than 10% of the time? If a credit score is provided, below what number should we inform on? I am sure all criminal activity you would like to be informed of.

We would charge $30/person for people without any issues. If a person had issues on which we had to evaluate and submit information, then it would range anywhere from $30/person to a max of $60/person. I am guessing most people would be in the $30 range".

I will ask Sheila to add this to the Agenda for discussion in August.



Never gave in, never gave up, never forgot, never forgave.
-by Linda Marie P. 1982

OHIO Group Representatives

Dear CMA's and AWSC members:

I hope you and your loved ones are healthy.

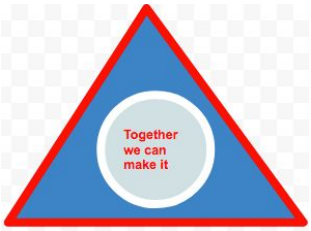
We had a successful Spring Assembly that was scheduled for on July 18th, 2020 from 1-4 via ZOOM. For those of you who were new Group Representatives, there was an Orientation at 10 am. There were items the Group Representatives needed to vote on during the Assembly. Practice sessions beforehand were provided for anyone interested.

Thank you to all Thought Force & Task Force members for submitting reports.

Talk with the Ohio Delegate August 15, 4PM
Share your experience, strength and hope in conducting meetings in the time of COVID-19 and increasing participation in service.

Register in advance for this meeting:
https://us02web.zoom.us/meeting/register/tZMvf-2opzMvGdXDPfD_PGegz1uPxJbgegNS

Contact Ginny C , Chairman, chairman@ohioal-anon.org, with any questions.



Ginny C., Chair

AFG of Ohio, Inc
Carmen Irvin
Al-anon State of Ohio Secretary
cmipanel58secretary@gmail.com
(H) 330-637-4345 (C) 330-307-6414

Greater Cleveland Al-Anon Council Survey: Totally Confidential

Council Secretary respectfully requests that CMA's and other trusted servants please fill out this completely confidential survey so we have your contact information in one spreadsheet. **Non-internet members:** please call the office (216) 621-1381 and please be able to provide your full name, address, name of group, your phone # and (if possible) an email address from another group member.
https://forms.gle/MosUayxEdXHePA2o6 Thank you so much!

From the World Service Conference

COVID-19 Pandemic

To assist face to face meetings that are moving to an Electronic Meeting,click below:

Temporary Al-Anon Electronic Meeting Change Form

Have you transitioned your face to face meeting to a phone or video meeting? Would you like to temporarily register the temporary meeting information with WSO?
Click here

From the World Service Conference

Developing Our Mobile App

As part of moving forward on the Strategic Plan Goal: Members of providing "universal access to tools for recovery from the family disease of alcoholism," WSO is developing the AFG MOBILE APP (working title—App). The App is currently being tested—stay tuned on AFG Connects and *In the Loop* for updates on the release timeline. Through the App, the WSO will be able to offer many free features, including a confidential online and phone meeting platform for facilitating electronic meetings, along with some premium paid features.

- Free Downloadable Conference Approved Literature: Please click **here** to download or to see a list click here.
- **WSO Service positions: Resume applications can be found at https://al-anon.org/for-members/board-of-trustees/wso-volunteers/**
- Free Downloadable Service Manual: Please click **here** or type in https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/
- Below is the WSO link for online meetings. Check filters for preferred language & platform (example: English & Zoom) or click **here:** https://al-anon.org/al-anon-meetings/electronic-meetings/
- Free Al-Anon Newcomers Packet! Go to al-anon.org/welcome and put in your email address. The World Service Office will send a downloadable newcomers packet that you can forward!

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

May 14, 2020

Dear Al-Anon and Alateen members,

On behalf of the Finance Committee, I am writing to inform you of the impact COVID-19 is having at the World Service Office (WSO). Since the start of the COVID-19 pandemic, donations and literature sales have decreased significantly at the WSO. I know many of you are experiencing similar situations at your home group, District, Al-Anon Information Service (AIS), Literature Distribution Center (LDC), or Area.

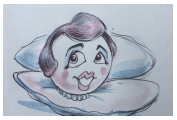
In the past, when members have been asked to help the WSO your response has been overwhelming. So once again we are coming to you. The pandemic has increased the incidence of alcoholism. The WSO would appreciate any contributions you and your group, District or Area can provide to help us continue to serve the families and friends still suffering in these uncertain times.

We can process checks mailed to the WSO, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454, or you can use the link below to contribute online.

Love in service,

Cathy T.
Treasurer
Al-Anon Family Group Headquarters, Inc.

Support the WSO



Let us love you for a while until you can love yourself.
- by Linda Marie P. 1982

The HiLites subscription order form

Special Message: if your HiLites is delivered is to your meeting address or you need a paper HiLites mailed during COVID-19, please email cleveland.ohio.ais@gmail.com

Price for One Year **$15** Total amount enclosed $ _____

Name _____

Address _____

City _____

State, Zip Code _____

Phone number _____

Please make checks or money orders payable to and send to:

Greater Cleveland Al-Anon
P.O. Box 42323 Brook Park,
OH 44142-0323

Telephone (216) 621-1381 Website www.clevelandal-anon.org

Email hilites.clev.ais@gmail

△△△

AlaShare

Monthly sharing of original essays, poems, lyrics, & ideas

Members wishing to submit a share please send to hilites.clev.ais@gmail.com

WISDOM TO KNOW THE DIFFERENCE

So will I ever graduate from this program? Since I went through all 12 Steps, is that all there is? I heard that I could start working the traditions with someone to see if they can be applied to my personal life. I learned that even the concepts can be used in my daily life. So many things to learn!

These questions and suggestions directed me to change the things I can and put the focus on myself, a new way of thinking from the reason I came to Al-Anon. But in order to focus on myself, I had to know myself and I heard the word humility. I didn't have all the answers. I learned that a power greater than myself could restore me to sanity, and He even speaks through others. I needed to be willing to listen and learn, be open to others, reason things out with someone else, work this program with other Al-Anon friends, and seek the wisdom of those who were willing to share their experience, strength, and hope.

Well, fast forwarding, decades later, more and more is revealed to me. God knew I couldn't handle it all in one easy step, tradition, or concept. No matter how long I am in the program, I will keep coming back to learn, to be reminded, to hear it again. As I age in the program, this old brain needs to learn new things.

I will never stop learning. Each page of literature, each speaker, each person who makes a comment is like I'm learning anew. That's all I have to do is listen and learn!! Who knows what my Higher Power wants to reveal to me at my next meeting.

Bottom line, "I will never graduate". I guess I'll just have to accept that I am a slow (but sure) learner.

Love and gratitude,

Kathy B.

Alateen Corner Our Rocky River Alateen group has been meeting at Clague Park for the last three weeks (7-8 p.m.), and that is after almost a three-month layoff. There are some Zoom Alateen meetings across Ohio, and if anyone is interested in checking it out, please contact me, at g.jokela@att.net or my home (440-835-8807) or contact Sara M., for more information.

Alateens are encouraged to connect using the Alateen chat rooms at al-anon-org.

📲📲📲📞📞📞📞 New Area Phone Meetings: 📞📞📞📞 📲📲📲

Please use any cell phone or a landline.

- **Sunday Triangle** on Sundays (978) 990-5000 access code 389413# Step Meeting 3:15, regular meeting 3:45, 5:00 p.m. Beginners - Please use *6 to mute/unmute.
- **Brooklyn Friday** on Fridays 6:15 Beginners meeting, 6:45 p.m. regular meeting. Please dial (605) 313-5879 followed by access code 455981# - Please use *6 to mute/unmute.
- **Amherst Sunday** on Sundays 7:15 p.m. (425) 436-6339 access code 711661#.
- **NE Ohio M-W-F Al-Anon** M-W-F 7 p.m. Meeting ID: 514-340-369 Password: 444126 or call in using a phone: 1 (646) 876-9923 then input meeting ID followed by the password.
- **Brownbag Serenity AFG**, Monday noon (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
- **Paths To Recovery AFG**, Tuesday 7:00 beginners, 7:30 pm regular meeting (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the book Paths to Recovery with you if possible.
- **How It Works for Adult Children of Alcoholics AFG,** Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the books Hope For Today & How Al-Anon Works.

📲📲📲📲💻 💻 💻 💻 New Area Online Meetings 💻 💻 💻 💻 📲📲📲📲

Use a smartphone, laptop, tablet, or computer

- **Akron Al-Anon Workshops** May 2, 16 & 30 on Zoom. (9 am- 11:45 am) link
- **Westside Women's Saturday A.M. AFG** (women only): Saturday 9 a.m. on Zoom 762-519-726 **Password for both of the women's meetings is: Alanon**
- **West-side Women's Weekday PM AFG** (women only) 6:30 Tuesday on Zoom Meeting ID: 933 283 4576. Password is Alanon.
- **NorthEast Ohio Al-Anon Family Groups M-W-F Zoom Meetings at 7 p.m.** https://zoom.us or download the Zoom app Meeting ID: 514-340-369 Password: 444126 or use a phone call to 1 (646) 876-9923 then input meeting ID then password.
- **Brunswick New Day** Mondays Zoom 7:30 – 8:30 pm. Terry Z. spiritery5@gmail.com
- **Sunday Sharing AFG** Lyndhurst 7:30 pm Please contact this email for ZOOM info: afgsundaysharing@gmail.com
- Middleburg Wednesday, 8 pm Wednesdays (formerly at Brook Park Community Church, 16845 Holland Rd. Brook Park, OH) is now a Zoom meeting. Meeting ID: 836 2937 0767
- The 5 a.m. **New Day AFG** and the 6:15 Early Birds AFG (a.k.a Kitchen Table) meeting are both at **(712) 432-8818 8888#**. Alternative 5:15 a.m. same # this code 8889#.
- **New Zoom Meeting!** Friday AM West AFG Zoom meeting every Friday at 9:30 -10:30 a.m. Meeting ID: 861-7752-0277 Password: 022457 Call In: 1-646-876-9923. Press *6 to mute and press *6 to unmute.

Meeting Face to Face

Groups meeting face to face with safety protocols (face masks & social distancing): If the facility or church where a group meets has safety protocols please follow them.

Acceptance AFG, Monday 8 pm BRC(Bainbridge Recovery Club) 8231 Washington St, Chagrin Falls, Ohio.

The Solon Charity Al-Anon Family group has resumed in-person meetings outdoors under the shady trees at the Solon Community Church, 33955 Sherbrooke Park Drive. Bring a folding chair. Large church fellowship hall is available in case of rain. Literature available. We welcome newcomers!

Meeting Update

Courage to Change Al-Anon Meeting - Mentor: Mondays @ 7:30 PM
Pilgrim Lutheran Brethren Church - 9514 Johnnycake Ridge Rd
Mentor, OH 44060

We are resuming modified face-to-face meetings starting June 15, 2020.
We will meet outside at the church pavilion, and highly recommend the following safety measures, as recommended by the Ohio Department of Health:

- Wear a facemask
- Maintain social-distancing (minimum 6 feet apart)
- Bring your own chair
- Bring your own literature (we will not hand out, or sell books at this time)
- Bring your own refreshments
- Having correct change for the collection basket will limit your exposure to touch surfaces
- In the event of rain (or if you want to attend, but are more comfortable in your car) we will sit in our cars and participate via phone

At this time we are continuing our phone meeting, simultaneously as we resume face-to face meetings. If you prefer to dial-in from home, car, or anywhere else:

Phone: 425-436-6345 Access Code: 182048#

Beginners welcome!

Please be advised that events may be canceled at any time.
For up to date cancellations, please click here:

Greater Cleveland Al-Anon Meeting Cancellation List

The list is being updated as fast as volunteers can receive the information. Please email hilites.clev.ais@gmail.com or call Greater Cleveland Al-Anon Office **(216) 621-1381. For up to date cancellations, click here.**

Cancelled Conventions & Events:

- **AA International Convention With Al-Anon Participation** on July 2–5, 2020. in Detroit Michigan. 2020 A.A. International Convention With Al-Anon Participation.
- **KOMIAC** was cancelled. It was to be hosted by Ohio Alateen, July 24-26 at BWU.
- **Road Trip** October 31, 2020 WSO Board of Trustees were coming to Cleveland, OH.

Rescheduled Conferences & Workshops:

- **Tri-State Assembly**, AA conference with Al-Anon participation from OH-PA-NY held at Chautauqua, NY, regrets to announce **cancellation** of this year's conference scheduled for the weekend of September 25-27, 2020. We look forward to seeing you next year at the conference planned for the weekend of September 24-26, 2021.
- **Sharing and Caring Spring 2020** Sat. -Sun. May 2 - 3, 2020 is **cancelled.** Contact Jane at 419-320-7083 or smalleyjcsmalley@aol.com for registration refunds. Re-registration is needed for the **newly rescheduled dates** (November 7-8, 2020).
- **34th Annual Rainbows 'N Recovery Al-Anon Conference** has been **cancelled** for May 8, 9, & 10th, 2020. Judy S. will contact registrants and roll over fees to the new date which has been **rescheduled** for March 12-14, 2021.
- **Fall Into Serenity Conference** September 25-26-27, 2020 (Amish Door Inn in Wilmot, Ohio) has been cancelled. The District 48 Fall Into Serenity Conference has been **rescheduled** for September 24-25-26, 2021. Mailing list requests will be taken at fallintoserenity@neo.rr.com.
- **OAR at Salt Fork October 2,3 &4** will be virtual - more information will be sent later.

Cancelled Meetings:

- **Sunday**
  - **Sunday Serenity Circle AFG** Sunday 4 p.m. Unitarian Universalist Congregation of Cleveland, 2728 Lancashire Rd. Cleveland Hts.
  - **Sunday Triangle AFG,** Sunday 4:00 p.m. Brookpark Community Church, 16845 Holland Rd., Brook Park, OH
  - **Chagrin Falls Discussion AFG** Sunday 7:00 p.m. Bentleyville Town Hall, 6253 Chagrin River Rd.
  - **Amherst Sunday Nite AFG** Sunday 7:30 p.m.Good Shepherd Church, 1100 Cleveland Ave. Amherst, OH face to face meetings have been suspended and temporarily changed to a phone meeting format. The number is (425) 436-6339 and the access code is 7116611. Dial the #, enter access code followed by #. Please call in about 7:15
- **Monday**
  - **Sunrise Serenity AFG** Monday 7 a.m. Beginners 8 a.m. St. John's Cathedral, 1040 Superior Ave. downtown Cleveland.

- **Monday Sunshine AFG,** Monday 9:30 a.m. Willoughby Methodist Church, 15 East Spaulding Street, Willoughby.
- **Serenity Brownbag AFG,** Monday 12:05 p.m.St. John's Cathedral, 1040 Superior Ave. Dial 978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Cleveland.
- **Courage To Change AFG** Monday 7 p.m. Beginners, 7:30PM regular meeting at Pilgrim Lutheran Brethren Church Mentor is cancelled until further notice due to the coronavirus pandemic. Please check back often for updates. Stay safe and be well.
- **Parma Heights Just For Today AFG**, Monday 7 p.m. Parma South Presbyterian Church, 6155 Pearl Rd.
- **Lyndhurst Monday AFG** Monday Beginners Meeting at 7:30 p.m. regular meeting at 8 p.m. Messiah Lutheran Church, 5200 Mayfield Rd., Lyndhurst.

- **<u>Tuesday</u>**
  - **Circle Of Hope AFG**, Tuesday 9:30 a.m. Lyndhurst Community Presb. Church, 5312 Mayfield Rd., Lyndhurst.
  - **A Spiritual Awakening for Adult Children of Alcoholics AFG,** Tuesday Beginners 12:30 & 1 pm Rockport Branch Cleveland Public Library, 4421 West 40th St., Cleveland.
  - **New Hope AFG** Tuesday 1:15 pm Bay United Methodist, 29931 Lake Rd. Bay Village, cancelled until further notice. Thanks.
  - **Euclid Tuesday AFG** Tuesday 7:30 p.m. at Church of the Epiphany 21000 Lakeshore Blvd. Euclid.
  - **Kirtland Tuesday AFG** Tuesday 7:30 pm Old South Church, 9802 Chillicothe Rd. Kirtland, is a closed meeting pending further notice due to the coronavirus as we practice "this too shall pass".
  - **4th Step Tuesday AFG** Shaker Hts. Tuesday 7:30 p.m. Unitarian Church, 21600 Shaker Blvd. Shaker Hts.
  - **Expect A Miracle AFG** Tuesdays 8 p.m. 7171 Pearl Rd, door 5, Middleburg Heights.
  - **Suburban West AFG** Tuesday 8 p.m. Rocky River Presyterian Church, 21750 Detroit Ave. Rocky River.
- **<u>Wednesday</u>**
  - **Lyndhurst Wed. A.M. AFG**, Church of the Good Shepherd, 23599 Cedar Rd. between Green & Richmond. Lyndhurst.
  - **Faith, Hope, and Love AFG** Wednesday 9:30 a.m. United Methodist Church, 15700 Detroit Ave. Lakewood.
  - **Amherst West Side Serenity AFG,** Wednesday 7:30 p.m. at Amherst United Methodist Church, 396 Park Ave. Amherst.
  - **Heights How It Works AFG** Wednesday 8 p.m. South Euclid Community Center, 1370 Victory Dr. South Euclid.

- **Thursday**
  - **Lakeshore Thursday AFG** Thursday 12 noon East Shore United Methodist Church, 23002 Lakeshore Blvd. Euclid.
  - **New Hope AFG** Thursday 1:15 p.m. Lakewood Presyterian Church, 14502 Detroit Rd. Lakewood.
  - **Living With Hope AFG** Thursday 7 p.m. Trinity Lutheran Church, 6345 Chapel Rd. Madison.
  - **Al-Anon How It Works for Adult Children of Alcoholics AFG** Thursday 7:00 beginners, 7:30 regular meeting Dr. Martin Luther Church, 4470 Ridge Rd, Brooklyn. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
  - **Al-Anon: How it Works for Adult Children of Alcoholics AFG** Thursday Beginners Meeting At 7:00 pm, regular meeting at 7:30 pm Dr. Martin Luther Church, 4470 Ridge Road Brooklyn, Ohio.
  - **Burton Thursday AFG** Thursday 7:30 p.m. Burton Congregational Church, 14558 W. Park Ave. We are canceling our meeting until further notice, due to the COVID-19 virus and encouraging members to do online meetings. Thank you.
  - **Make A Better Day AFG,** Thursday 8 p.m. at Mary Queen of The Apostles 6455 Engle Rd. Brook Park is closed until June.
- **Friday**
  - **Friday A.M. West AFG** Friday 9:45 a.m. Rockport UMC, 3301 Wooster Rd. Rocky River.
  - **Brooklyn Friday AFG** Friday 6:15 beginners, 6:45 p.m. Brooklyn Reformed Church, 9014 Biddulph Rd. Brooklyn new phone meeting (605) 313-5879 access code 455981# Please join us - either as a silent listener or as participant
  - **Cleveland Family of Choice AFG** Friday 7:30 p.m. West Park United Church of Christ, 3909 Rocky River Dr. Cleveland.
  - **Friday Freedom AFG** Friday 8 p.m. Center for Pastoral Leadership, 28700 Euclid Ave. Wickliffe.
- **Saturday**
  - **Westside Women's Saturday A.M. AFG** Saturday 9:00 a.m.Bethany Presbyterian Church, 6415 W. Clinton Ave. (women only) Cleveland. See new electronic meetings.
  - **Saturday Fourth Step Journey AFG**, Saturday 10 a.m. St. Paul Episicopal Church, 2747 Fairmount Blvd. Cleveland Hts.
  - **Willoughby Fourth Step AFG** Saturday 10 a.m. Body of Christ Community Church Willoughby 30857 Erie Rd. Willoughby

Please be advised that any event may be canceled at any time!

For up to date cancellations, please click here or go www.clevelandal-anon.org.

Al-Anon Adult Children Thirst for Wisdom! 💦

Two new Al-Anon Adult Children groups (A Spiritual Awakening for Adult Children of Alcoholics AFG and How It Works for Adult Children of Alcoholics AFG) have heard the Experience, Strength, and Hope of 3 Speakers in the past few months as well as that of others who have been attending weekly. Thank you for sharing.

photo by Mary Jo M.

Both of these groups welcome anyone affected by someone else's drinking, as well as anyone interested in learning about Al-Anon Family Groups. After all, that is how many of us, including me, first came to the program wondering if it could help me. Can it help you? Drop by and try some meetings, work the Steps around your adult children issues. A longtimer told me several weeks ago; she tells people if it doesn't work for you, we will gladly refund your misery.
How It Works for Adult Children of Alcoholics AFG, Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.

The **Daily 11 a.m.** number and pin is **1-712-432-8808 Pin Code 2287#**. Sunday is the Group Inventory "study," The Monday meetings uses "From Survival To Recovery," Tuesdays is a 4th Step meeting, Wednesdays the topic is the Al-Anon Slogans, Thursdays the topic is Boundaries and Detachment, Fridays we use Opening Our Hearts, Transforming Our Losses, and Saturday is the Seekers of Serenity Speaker Meetings. If there is no speaker, the group simply chooses a topic. **There are also seven autonomous 6 a.m. meetings at 1-712-432-8808 Pin Code 2287#.**

Hello Friends! **June 24, 2020**

As the seasons continue to change, the world continues to adapt to and deal with the ongoing COVID crisis. It's clear there will be no quick return to our former normal. Instead, we are all defining new normals. Public outreach is no exception. The opportunity to share in-person or paper-based information is limited, so groups, districts, and areas across the country are getting creative about how they reach out and share information with the public. Some ideas shared in the outreach community include:

- **Emailing professional offices to share electronic materials and information that can be found on the WSO professional outreach page: https://al-anon.org/for-members/public-outreach/. Attached is a list (also shared last month) of suggested places groups can send public outreach information.**
- **Hosting zoom meetings or chats with professionals to share information about Al-Anon. WSO is creating a virtual Al-Anon background for these meetings.**
- **Offering to participate in virtual meetings hosted by professional or regional organizations to share information about Al-Anon and how professionals and community members can access information.**

I would love your thoughts on things we could be doing in Ohio to support public outreach. Two ideas shared so far are adding more public outreach information to our website, which I'll be working on this summer, and scheduling a monthly public outreach call on which all would be welcome to join and discuss outreach ideas and opportunities across the state. If there is interest in that, I'd be thrilled to set it up.

Until next time…

Sheri Bogardus

Public Outreach Coordinator

513-252-4703

swbogardus@gmail.com

Places to place PUBLIC OUTREACH Materials
e.g. Forum, Al-Anon Faces Alcoholism, Posters, Bookmarks

Please check with appropriate person(s) first:

- AA meeting rooms
- Al-Anon meeting rooms
- Rehab Facilities
- In-patient and out-patient facilities
- Counselor's/mental health offices
- Psychiatrist's office
- Doctor's offices
- Dentist's office
- Health offices at colleges, high schools, and places of work
- College/university dorms and community centers
- School-bulletin boards
- Work places
- Grocery stores
- Salvation army/goodwill stores
- Police dept.
- Fire dept.
- Homeless shelters
- Churches
- Libraries - public and university
- Visitor information centers
- Chamber of commerce
- Community bulletin boards
- Senior housing foyers
- Prisons
- Recreation facilities
- Veteran's homes
- Refuge centers
- Community meal rooms
- Walk-in clinics

- Salvation army/goodwill stores
- Ethnic markets
- Laundromats
- Hair dressers
- Barbershops
- University medical schools
- YMCA, YWCA
- National guard facilities
- Bus and train stations

LITERATURE ORDER FORM

Al-Anon Family Group Headquarters, Inc. - World Service For Al-Anon and Alateen

CONFERENCE APPROVED LITERATURE (CAL) - RECOVERY & SERVICE MANUALS

This Order Form is available online at clevelandal-anon.org

Greater Cleveland Al-Anon Literature Distribution Center will open in July. Send literature orders to: cleveland.ohio.ais@gmail.com. Literature order form click please here

We now have literature pick up at the Lakewood office! Please call ahead.

NOW 3 DAYS A WEEK

NORTHEAST OHIO
AL-ANON FAMILY GROUPS

ZOOM MEETINGS DURING COVID-19

Meeting are at 7 pm EST
Monday, Wednesday & Friday ONLY

https://zoom.us or download the Zoom app
CALL IN: 1-646-876-9923

Meeting ID: 514-340-369
Password: 444126

Sharing 7th Tradition With the Three Arms of Service

Contribution Information Your Group's Gift to Al Anon

For All Contributions: Please include your group # (found on the meeting PDF on our website) on the check memo line!

- **How to contribute to Greater Cleveland Al Anon Office:**
  - Please send checks made out to: Greater Cleveland Al-Anon PO Box 42323, Brook Park, OH 44142-0323
- **How to contribute to Ohio Area Assembly:**
  - Make all checks payable to **AFG of Ohio** and mail to: AFG of Ohio, Inc. PO Box 524 Columbiana, OH 44408-0524
- **How to contribute to Alateen:**
  - Make Checks payable to: Cleveland Alateen PO Box 42323 Brook park, Oh 44142-0323
- **How to contribute to WSO:**
  - Make checks to AFG Inc. & send to Al-Anon Family Groups Inc. 1600 Corporate Landing Parkway Virginia Beach VA 23454-5617 or at al-anon.org.

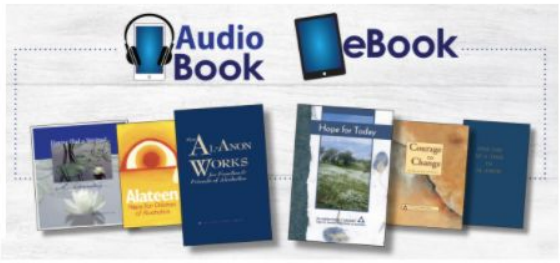
Please Announce at meetings: downloadable newcomer's packet at al-anon.org/welcome

Non-Internet Newcomers: To request a paper newcomers packet mailed to you, please leave your address with the Al-Anon office (216) 621-1381

Also free downloadable service manual: https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/

Explore Our Most Popular Titles
Now Available as eBooks and Audiobooks

Al-Anon is growing its collection of Conferenced Approved Literature (CAL) available in **eBook** format by including another daily reader. The Top Four Best Sellers of 2019 are now available digital formats, such as eBooks and Audiobooks.



Having Had a Spiritual Awakening…

Available *exclusively* in **eBook** format! No print version available.

This beautiful book features member sharings, photographs, and artwork from around the globe, reflecting the diversity of Al-Anon members' spiritual experiences.

➢ some sample chapters of CAL:
https://al-anon.org/for-members/members-resources/literature/feature-publications/

➢ a variety of free downloadable pamphlets & info:
https://al-anon.org/for-members/members-resources/literature/downloadable-items/

➢ a slogans page:
https://al-anon.org/for-members/members-resources/literature/al-anon-slogans/

➢ the New Members Blog which is also available for use for any Al-Anon meeting.
https://al-anon.org/for-members/members-resources/member-blog/

➢ excerpts from the Forum: "The Forum" Magazine Stories
https://al-anon.org/for-members/members-resources/literature/magazines/forum-magazine-stories/

➢ the 2020 Al-Anon Faces Alcoholism magazine:
https://al-anon.org/for-members/members-resources/literature/magazines/afa-magazine/