Newsletter of the Greater Cleveland Intergroup Council

Al-Anon *HiLites*

July 2020

Issue 10
Volume 10

Al-Anon Services
International News
Al-Anon Family Group World Service Office
1600 Corporate Landing Parkway
Virginia Beach, Virginia 23454-5617
Meeting Information
Visit www.Al-Anon.org
Cleveland Area Website
www.clevelandal-anon.org
Do you want HiLites delivered to your email?
hilites.clev.ais@gmail.com
Do you want HiLites delivered by U.S. Mail?
Call (216) 621-1381
Send All U.S. Mail Correspondence To Greater Cleveland Al-Anon, PO Box 42323, Brook Park, Ohio 44142-0323
Send literature orders to: cleveland.ohio.ais@gmail.com

Cleveland Area Office Location
14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107
△The office is open starting in July- Please call ahead△
Office volunteers kindly request that masks be worn 😁

Please consider going to al-anon.org and contributing what normally you would be giving in your face to face meetings. We in Al-Anon say "contribution" because we are contributing to our own fellowship that provides us with so much opportunity for recovery! Please see page 13 for contribution information. Thank you for your contributions!

Al-Anon *HiLites* Policy: **Al-Anon** *HiLites* includes the experiences and opinions of Al-Anon members and others. Opinions expressed are not to be attributed to Al-Anon, nor does publication of any article imply endorsement by **Al-Anon** or *HiLites.* **Take what you like and leave the rest!**
To contact the volunteer editors of *HiLites*: please email hilites.clev.ais@gmail.com or U.S. mail to PO Box above.

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For any correspondence regarding groups or office literature requests, email cleveland.ohio.ais@gmail.com Or call (216) 621-1381.

Publisher Newsletter of the Greater Cleveland Al-Anon & Alateen Intergroup Council

Al-Anon helps you
find the missing
'Peace'

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Intergroup News Cleveland Intergroup Council meets at 7:00 PM at Vincent Charity Hospital Rosary Hall Building 2nd Floor Room 203 -W 2351 East 22nd Street Cleveland, Ohio 44115

Officers & Committee Chairs

Chairperson: Betty	Office: ☆Volunteers	Alateen: Gary & Sara
Secretary: Sheila	World Service	Website: Ray
Treasurer: Merri	Public Information: Regina	HiLites: Mary Jo
	Archives: Vivian	

☆Office volunteers are: Julie C, Vivian M, Nancy H, Kathy B, Susan H & Kathleen M☆

CLEVELAND AL-ANON COUNCIL
Minutes of the Meeting of
June 19, 2020

The meeting began at approximately 7:00 p.m. with the Serenity Prayer and was conducted as a Zoom call. There were 18 people in attendance. The minutes of the May 15, 2020, meeting were read. Motion was then made to accept the minutes as written.

VOLUNTEERS/OFFICE REPORT:

1. Vivian gave a report. She reported that most of the volunteers are ready to come back to the office to open it up again. The office will reopen in July.

TREASURER'S REPORT:

1. Merri presented her report for May. The reports for February, March, April and May are attached to these minutes.
2. In connection with background checks, Merri presented information on a new background check company to the members (see the May Treasurer's Report for details). A discussion followed on who would review the reports once completed. Merri will contact our CPA to see if they would perform this service for us. A discussion followed on the number of signers on the CD's for the office.

HILITES: Mary Jo gave her report:

1. Some meetings are becoming active again. She encouraged everyone to check the website for information on meetings and also to fill out the confidential survey on the bottom of page 4 of the Hilites. She also reminded everyone about the downloadable newcomer's packet from WSO. Literature orders are possible through email or calling in to the office in Lakewood. She has volunteered to help any member download Zoom so they can participate in the July picnic.

ALATEEN: Gary gave his report as follows:

1. Not much is going on with Alateen due to the virus thing. Very frustrating. Our Rocky River Alateen group has been meeting at Clague Park for the last three weeks (7-8 p.m.), and that is after almost a three-month layoff. There are some Zoom Alateen meetings across Ohio, and if anyone is interested in checking it out, please contact me, at g.jokela@att.net or my home (440-835-8807) or contact Sara, for more information.

PUBLIC OUTREACH: No report at this time. Regina noted that she will keep Council updated on any future outreach events.

ARCHIVES: There was no report.

GREATER CLEVELAND Al-ANON WEBSITE: Things are moving along well.

GREATER CLEVELAND DISTRICTS/WSO:

1. Merri reported that there is a delegates meeting (Delegates Day of Sharing) scheduled for June 20 via Zoom.
2. Spring Assembly (July 18) will be conducted via Zoom.

OLD BUSINESS:

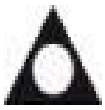
1. Criminal case – Another pretrial is set for July 7, 2020 (the court is working on a limited basis due to the coronavirus).
2. The office will resume operations beginning in July.
3. Merri gave a short status report on the WSO and their plea for funds. She remarked on the WSO having to turn to their reserve fund in order to operate. She suggested making donations to the WSO as members and groups are able. After discussion, a motion was made and approved to donate $250.00 to the WSO as Intergroup's donation.

ONGOING BUSINESS:

1. What is a prudent reserve for the Al-Anon Office – The Finance Committee will report back later.
2. Results of search for different banks – The Treasurer requested a hold on this project until she has completed the taxes for the office.
3. Whether to keep Gratitude Night as it is or go back to simpler times with just speakers and light refreshments – More discussion to follow.
4. Sydney's letter concerning provision of funds for the DR's – will go in the HiLites.
5. Spring Workshop – more discussion to follow for next year's workshop.
6. Fundraiser – cancelled for this year.

NEW BUSINESS:

1. July 12, 2020 picnic cancelled by Metroparks – date reserved for July 11, 2021. Mary Jo will host a Zoom picnic for July 12th – speakers will be contacted and arranged to speak beginning at 1:00 p.m.
2. Merri requested that group re-openings be put on the website. She also requested that the information be sent to the office.
3. Gratitude Night - Merri will contact St. Malachi to see if there is any change in the event.



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Greater Cleveland Al-Anon Intergroup Council
Treasurer's Report – February, 2020

Statement Ending Balance-January	$57,954.87
Statement Ending Balance-February	$58,721.69

I wanted to give a short treasurer's report just to update everyone on our financial situation. In February, we had three deposits in the amount of $2398.19 and six checks clear the bank in the amount of $1324.61 and two electronic withdrawals in the amount of $306.76. Due to the timing at the bank, our March rent payment was not taken out until March, so there was none recorded in February. I called Gary, our landlord, and he assured me that he received our March payment.

Donations deposited in February were $436. We had 3 deposits from CAF (Charities Aid Foundation of America). These deposits were from an anonymous Al-Anon Member. We want to thank the following groups for their generous donations to the Greater Cleveland Al-Anon Office: Lyndhurst Monday AFG, Triangle Sunday Group, Berea Friday, and Faith Hope Love. We had two new subscriptions this month for the HiLites.

1271	$ 30.00	Per diem for January 2020	2/3/2020
1272	$ 60.00	Per diem for January 2020	2/3/2020
1273	$ 37.50	Per diem for January 2020	2/3/2020
1274	$ 7.50	Per diem for January 2020	2/3/2020
1275	$ 55.00	Per diem for January 2020	2/3/2020
1276	$ 55.00	Per diem for January 2020	2/3/2020
1277	$ 1,159.61	24th Literature Order	2/9/2020

Our sales tax from literature sales in January but paid in February was $184.73. Our AT&T and Internet payment was $122.03. Our literature sales in February were $2,029.99 and our shipping costs were $56.43.

Due to the pandemic, my workload at work has taken on new challenges and the auditing class that I was taking at Cleveland State was transferred online. Added to that, we had some work done on our home in order to bring my brother-in-law Frankie home from the nursing home permanently, which by the way has been a huge blessing all the way around. In addition, I made the decision due to my schedule to file a six-month extension to file our Lakewood office taxes. The per diems for February but paid in March were $277.50. The per diem expense was only $232.50 due to two volunteers declining the per diem. Lastly, due to the shelter-in-place by the governor, we felt it best to shut down the office as of March 31, 2020 until further notice. Volunteers continue to respond to phone messages and answer any emails that come through our website. Members are encouraged to order literature from the World Service Office until we can open again.

Respectfully Submitted,
Merri G.

Greater Cleveland Al-Anon Intergroup Council
Treasurer's Report for March, 2020

Statement Ending Balance-February	$58,721.69
Statement Ending Balance-March	$50,673.08

This month we had three deposits in the amount of $2146.42 and one electronic deposit of $34.05 from the Phillips 66 oil well interest payment donated by a deceased member.

We had the 10 checks clear the bank this month in the amount of $8,955.87. We had two electronic withdrawals of $283.21: (AT&T Internet and phone payment of $122.03 and the other was our February sales tax of $161.18) and the other debit in the amount of $990.00 was for our rent payment for March and April.

1206	$ 30.00	2 Days per diem	10/3/2019
1223	$ 30.00	Per diem for October 2019	11/11/2019
1242	$ 15.00	Per diem for November 2019	12/3/2019
1261	$ 30.00	Per diem for December 2020	1/11/2020
1279	$ 8,407.76	Al-Anon Family Groups Paid in Full	2/24/2020
1282	$ 45.00	Per Diem for February	3/4/2020
1283	$ 30.00	Per Diem for February	3/4/2020
1284	$ 15.00	Per Diem for February	3/4/2020
1285	$ 30.00	Per Diem for February	3/4/2020
1288	$ 323.11	AFG INC- Pd inv. 456521 (1st order on open account)	3/16/2020

We had 3 more Hilites subscriptions this month. Our per diems for March 2020 totaled $185.00. However, we had one volunteer who declined the per diem so the expense was only $155.00.
Lastly, Nancy called me in February and had remembered that we needed the inventory count for our 2019 taxes. With everything going on at home, it totally slipped my brain. I want to thank and give a virtual hug to all of the volunteers who came in and helped count inventory. It was completed on March 9, 2020.
Once my semester at school is completed which will be on May 6, 2020, I will begin completing the reports needed for our CPA to file our taxes. Because of this, the year-end reports for 2019 will not be available until later in the year.
Respectfully Submitted,
Merri G

Greater Cleveland Al-Anon Intergroup Council
Treasurer's Report – April, 2020

Statement Ending Balance-March $50,673.08
Statement Ending Balance-April $49,199.91

This month we had one deposit in the amount of $374.85.
We had the 9 checks clear the bank this month in the amount of $1,159.85. We had two electronic withdrawals of $193.17: (AT&T Internet and phone payment of $121.32 and the other was our March Sales Tax of $71.85) and the other debit in the amount of $495.00 was for our rent payment for April.

1281	$ 32.50	Volunteer per diem for February	3/4/2020
1286	$ 15.00	Volunteer per diem for February	3/4/2020
1293	$ 25.00	Kronenberger CPA and Company Inc	3/31/2020
1294	$ 990.92	Al-Anon Family Groups-Pd inv. 457208 ord. 443671	4/6/2020
1295	$ 15.00	Volunteer per diem for March	4/6/2020
1296	$ 30.00	Volunteer per diem for March	4/6/2020
1297	$ 30.00	Volunteer per diem for March	4/6/2020
1298	$ 15.00	Volunteer per diem for March	4/6/2020
1301	$ 6.43	Volunteer per diem for March	4/7/2020

Our per diems for April 2020 were zero due the office being closed due to the shelter-in-place order by the governor. We had Zero literature sales for April, so I filed zero State taxes which is mandatory whether you have sales or not. We had 5 new subscriptions for the Hilites in April.
We had office donations of $509.09. The following groups donated: One Day at A time, Al-Anon Saturday 4th Step, Columbia Discussion Group, and Make a Better Day. We had two member donations: one from Doreen K and one from an anonymous donor. We had literature payments this month of $269.85. We have several groups who have outstanding literature bills, but due to the pandemic it is understandable. Once the face-to-face meetings can resume, I am sure that payments will begin coming in for the outstanding literature bills.
Now that this semester in school is behind me, I will begin completing the reports needed for our CPA to file our taxes. Because of this, the year-end reports for 2019 will not be available until later in the year.
On April 29th, we paid for an annual zoom account for $161.89. This account gives us unlimited meetings and no time limit and up to 100 people. This was cheaper than paying month by month so the officers felt that it was a good value to go with the year since we are not sure how much longer this pandemic will keep us from meeting at Saint Vincent Charity.
Respectfully Submitted,
Merri G

Greater Cleveland Al-Anon Intergroup Council
Treasurer's Report – May, 2020

Statement Ending Balance-April	$49,199.91
Statement Ending Balance-May	$49,097.70

This month we had one deposit in the amount of $514.11
We had one electronic withdrawal of $121.32 to AT&T Internet and phone. The other debit was for Detroit-Cook building for our rent in the amount of $495.00. We had no per diems for the month of May because the office was still closed. However, we had literature sales of $81.97 and sales tax of $6.51 which will be paid in June.
We had office donations of $434.09. The donations were from one anonymous member and three groups: The groups who donated were: Al-Anon Saturday 4th Step, Columbia Discussion Group, and Make a Better Day. This month, we had literature payments of $80.00.
I was in the hospital at the end of May and was not sure how I was going to get the strength to mail out the June Hilites, but God worked on my behalf without anyone knowing my thoughts and Nancy and Vivian worked through Mary Jo to get the list of mailed subscriptions and out of the kindness of their hearts handled printing and mailing out the June Hilites. In addition, they have volunteered to take over the printing and mailing of the Hilites going forward.

Last month during our zoom meeting, Marilyn suggested that I contact our CPA with regards to performing background checks since the company that we used to do my background check is out of business. I contacted Kronenberger CPA & Company Inc. and unfortunately, they do not do background checks. However, Denise spoke to her church administrator to find out who they use, and she gave me the name of a company called Praesidium. I emailed https://praesidiuminc.com/ **and received a response back from Laura Hardin Aceves who scheduled a conference call with me on June 5th to discuss their background screening program. They do both criminal and financial checks, and I found their prices to be less expensive when comparing them to the former Pre-check Company. Laura explained that all the information would be kept secure on their website portal. She said that someone would need to go in and view the report and could write down any red flags noted on the report and then address it at the council meeting.**

Respectfully Submitted,
Merri G

Be a friend along with a parent. Correct rather than punish.
-by Linda Marie P. 1982

OHIO Group Representatives

Dear CMA's and AWSC members:

I hope you and your loved ones are healthy.

We had a successful Delegate's Day of Sharing via ZOOM on June 20th. The Spring Assembly that was scheduled for
May 16, 2020 will be delayed to the afternoon of July 18th, 2020 from 1-4 via ZOOM. For those of you who are new Group Representatives, there will be an Orientation at 10 am. As there are items the Group Representatives need to vote on, try to be present via phone, tablet or computer for the Assembly. Practice sessions beforehand will be provided for those who are interested.

If you have not already sent a report, please send Carmen and I a report just like you would have presented for the Spring Assembly. If you are also chairing a Thought or Task Force be sure you are having phone or online meetings to discuss and make decisions. Prepare a KBDM form if you can. Reports from all the Officers, Coordinators, Committee Chairs, Conventions/ Two Day Fall Committees and Thought and Task Forces should have been sent out after June 1 so they can be reviewed prior to the Assembly. They will also be posted to the website.

An agenda will be posted to the website under the Calendar soon.

Contact Ginny C , Chairman, chairman@ohioal-anon.org, with any questions.

Ginny C., Chair

AFG of Ohio, Inc
Carmen Irvin
Al-anon State of Ohio Secretary
cmipanel58secretary@gmail.com
(H) 330-637-4345 (C) 330-307-6414

Greater Cleveland Al-Anon Council Survey

Council Secretary respectfully requests that CMA's and other trusted servants please fill out this completely confidential survey so we have your contact information in one spreadsheet:
https://forms.gle/MosUayxEdXHePA2o6 **Thank you so much!**

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

May 14, 2020

Dear Al-Anon and Alateen members,

On behalf of the Finance Committee, I am writing to inform you of the impact COVID-19 is having at the World Service Office (WSO). Since the start of the COVID-19 pandemic, donations and literature sales have decreased significantly at the WSO. I know many of you are experiencing similar situations at your home group, District, Al-Anon Information Service (AIS), Literature Distribution Center (LDC), or Area.

At the end of April, literature sales were down 75% and contributions were down 34% and we are projecting a $1,600,000 operating deficit at the end of 2020. Given reduced revenues, the Board has approved a transfer from the Reserve Fund to the General Fund of $250,000 to provide cash necessary for operations. Significant cost cutting measures have been implemented including elimination of Staff merit and cost of living increases for 2020; all Staff travel through the end of the year; and Board, Executive, and Finance Committee travel through the end of August.

Additionally, after prayerful consideration of our projected cash position, Staff furlough and layoff actions were taken Friday, May 1. All Staff who were impacted are eligible for the expanded unemployment coverage due to COVID-19.

Despite these actions, the WSO is doing business as usual, processing literature orders through customer service and shipping products ordered, fielding calls for public outreach and electronic meeting information, and keeping our presence known on social media and other services. To continue, we need your help. Some thoughts I have been having about Seventh Tradition donations:

- Do your groups, Districts, or Areas have money that was planned to cover Group Representative, District Representative, or Area officer travel which could now be donated because the District or Area meetings were held virtually?
- Is your group making announcements at your meetings to let members know they can go online and donate directly to WSO?
- How is your group handling the May Appeal Letter during this time of meetings happening virtually? Will it even be read?
- How can we keep the Seventh Tradition money flowing through the links of service from the groups to Districts to Areas to the WSO?

In the past, when members have been asked to help the WSO your response has been overwhelming. So once again we are coming to you. The pandemic has increased the incidence of

alcoholism. The WSO would appreciate any contributions you and your group, District or Area can provide to help us continue to serve the families and friends still suffering in these uncertain times.

We can process checks mailed to the WSO, 1600 Corporate Landing Parkway, Virginia Beach, VA 23454, or you can use the link below to contribute online.

Love in service,

Cathy T.
Treasurer
Al-Anon Family Group Headquarters, Inc.

Support the WSO

△△△△△△△△△From the World Service Conference △△△△△△△△△

Developing Our Mobile App

As part of moving forward on the Strategic Plan Goal: Members of providing "universal access to tools for recovery from the family disease of alcoholism," WSO is developing the AFG MOBILE APP (working title—App). The App is currently being tested—stay tuned on AFG Connects and *In the Loop* for updates on the release timeline. Through the App, the WSO will be able to offer many free features, including a confidential online and phone meeting platform for facilitating electronic meetings, along with some premium paid features.

- Free Downloadable Conference Approved Literature: Please click **here** to download or to see a list click here.

- Free Downloadable Service Manual: Please click **here** or type in https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/
- Below is the WSO link for online meetings. Check filters for preferred language & platform (example: English & Zoom) or click **here:** https://al-anon.org/al-anon-meetings/electronic-meetings/
- Free Al-Anon Newcomers Packet! Go to al-anon.org/welcome and put in your email address. The World Service Office will send a downloadable newcomers packet that you can forward!

Consider the source. My problem is me. I can change only myself,
others I can only love.
If you don't make mistakes, you're not getting anything done.
Remember, what you did at the time, was all that you could.

- by Linda Marie P. 1982

The HiLites subscription order form

Special Message: if your HiLites is delivered is to your meeting address or you need a paper HiLites mailed during COVID-19, please email cleveland.ohio.ais@gmail.com

Price for One Year **$15** Total amount enclosed $ _____

Name _____

Address _____

City _____

State, Zip Code _____

Phone number _____

Please make checks or money orders payable to and send to:

Greater Cleveland Al-Anon
P.O. Box 42323 Brook Park,
OH 44142-0323

Telephone (216) 621-1381 Website www.clevelandal-anon.org
Email hilites.clev.ais@gmail

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AlaShare

Monthly sharing of original essays, poems, lyrics, & ideas

Members wishing to submit a share please send to hilites.clev.ais@gmail.com

God is always listening

I recently commented to some friends that I think my phone is listening in on my conversations. It seems like every time I talk about something, maybe a product I want to buy or something I am interested in, a day or two later ads will pop up about those items on my phone or when I search on the internet. I feel like the same goes for my Higher Power; He is always listening to me. It seems like whenever I am struggling with something in my life, if I really pay attention, my Higher Power will provide me with guidance. Whether it is a page in an Alanon daily reader to which I am drawn or a quote written on the side of a truck, or back of a book. I just need to keep myself aware and I need to ask for her help and guidance. I read once that our Higher Power is always there waiting for us to ask for help. All we really need to do is ask and He will provide the answer. Now when this happens I call them the 'Alexa' moments and I make sure to write them down. I write them down as a reminder to myself to continue to ask for help. It is my proof to myself that He is listening. That way whenever I have doubts about faith, I go to these writings to see the proof. Diane L.

Alateen Corner 📟 Alateens are encouraged to connect using the Alateen chat rooms at al-anon-org.

Meeting Update

Courage to Change Al-Anon Meeting - Mentor: Mondays @ 7:30 PM
Pilgrim Lutheran Brethren Church - 9514 Johnnycake Ridge Rd
Mentor, OH 44060

We are resuming modified face-to-face meetings starting June 15, 2020.
We will meet outside at the church pavilion, and highly recommend the following safety measures, as recommended by the Ohio Department of Health:

- Wear a facemask
- Maintain social-distancing (minimum 6 feet apart)
- Bring your own chair
- Bring your own literature (we will not hand out, or sell books at this time)
- Bring your own refreshments
- Having correct change for the collection basket will limit your exposure to touch surfaces
- In the event of rain (or if you want to attend, but are more comfortable in your car) we will sit in our cars and participate via phone

At this time we are continuing our phone meeting, simultaneously as we resume face-to face meetings. If you prefer to dial-in from home, car, or anywhere else:

Phone: 425-436-6345 Access Code: 182048#

Beginners welcome!

📲📲📲📞📞📞📞 New Area Phone Meetings: 📞📞📞📞 📲📲📲

Please use any cell phone or a landline.

- **Sunday Triangle** on Sundays (978) 990-5000 access code 389413# Step Meeting 3:15, regular meeting 3:45, 5:00 p.m. Beginners - Please use *6 to mute/unmute.
- **Brooklyn Friday** on Fridays 6:15 Beginners meeting, 6:45 p.m. regular meeting. Please dial (605) 313-5879 followed by access code 455981# - Please use *6 to mute/unmute.
- **Amherst Sunday** on Sundays 7:15 p.m. (425) 436-6339 access code 711661#.
- **NE Ohio M-W-F Al-Anon** M-W-F 7 p.m. Meeting ID: 514-340-369 Password: 444126 or call in using a phone: 1 (646) 876-9923 then input meeting ID followed by the password.
- **Brownbag Serenity AFG**, Monday noon (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
- **Paths To Recovery AFG**, Tuesday 7:00 beginners, 7:30 pm regular meeting (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the book Paths to Recovery with you if possible.
- **How It Works for Adult Children of Alcoholics AFG,** Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the books Hope For Today & How Al-Anon Works.

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Use a smartphone, laptop, tablet, or computer

- **Akron Al-Anon Workshops** May 2, 16 & 30 on Zoom. (9 am- 11:45 am) link
- **Westside Women's Saturday A.M. AFG** (women only): Saturday 9 a.m. on Zoom 762-519-726 **Password for both of the women's meetings is: Alanon**
- **West-side Women's Weekday PM AFG** (women only) 6:30 Tuesday on Zoom Meeting ID: 933 283 4576. Password is Alanon.
- **NorthEast Ohio Al-Anon Family Groups M-W-F Zoom Meetings at 7 p.m.** https://zoom.us or download the Zoom app Meeting ID: 514-340-369 Password: 444126 or use a phone call to 1 (646) 876-9923 then input meeting ID then password.
- **Brunswick New Day** Mondays Zoom 7:30 – 8:30 pm. Terry Z. spiritery5@gmail.com
- **Sunday Sharing AFG** Lyndhurst 7:30 pm Please contact this email for ZOOM info: afgsundaysharing@gmail.com
- **Daily 11 a.m.** number and pin is **1-712-432-8808 Pin Code 2287#**. Sunday is the Group Inventory "study," The Monday meetings uses "From Survival To Recovery," Tuesdays is a 4th Step meeting, Wednesdays the topic is the Al-Anon Slogans, Thursdays the topic is Boundaries and Detachment, Fridays we use Opening Our Hearts, Transforming Our Losses, and Saturday is the Seekers of Serenity Speaker Meetings. If there is no speaker, the group simply chooses a topic. **There are also seven autonomous 6 a.m. meetings at 1-712-432-8808 Pin Code 2287#.**
- The 5 a.m. **New Day AFG** and the 6:15 Early Birds AFG (a.k.a Kitchen Table) meeting are both at **(712) 432-8818 8888#**. Alternative 5:15 a.m. same # this code 8889#.

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Greater Cleveland Al-Anon Intergroup Picnic will be virtual on Zoom July 12, 2020 1 pm.

We Invite you to Dial in or Click into the Zoom Meeting for the

The Greater Cleveland Al-Anon Intergroup Council's 1st Virtual Al-Anon Picnic

Sunday, July 12, 2020

Time: 1:00 to 2:00

Al-Anon- AA-Alateen Speakers

To access the meeting you can either download the Zoom app on your smartphone tablet or computer then use the ID 863 9482 8658# (no password needed) or you can dial this number on any phone 929-205-6099 & then input the meeting ID: 863 9482 8658#.

If you have any questions, please contact:

Mary Jo at- hilites.clev.ais@gmail.com or Merri G- 216-695-0792

Please be advised that events may be canceled at any time.
For up to date cancellations, please click here:

📖 **Please note**: the PDF Meeting Schedule has been updated on the website as new information comes into the office through email or phone. **Please encourage all groups to send their GR1 form to the cleveland.ohio.ais@gmail.com so the PDF can be kept up-to-date. If a computer is unavailable, please call (216) 621-1381.**

Greater Cleveland Al-Anon Meeting Cancellation List

The list is being updated as fast as volunteers can receive the information. Please email hilites.clev.ais@gmail.com or call Greater Cleveland Al-Anon Office **(216) 621-1381. For up to date cancellations, click here.**

Cancelled Conventions & Events:

- **AA International Convention With Al-Anon Participation** on July 2–5, 2020. in Detroit Michigan. 2020 A.A. International Convention With Al-Anon Participation.
- **KOMIAC** was cancelled. It was to be hosted by Ohio Alateen, July 24-26 at BWU.
- **Road Trip** October 31, 2020 WSO Board of Trustees were coming to Cleveland, OH.

Rescheduled Conferences & Workshops:

- **Tri-State Assembly**, AA conference with Al-Anon participation from OH-PA-NY held at Chautauqua, NY, regrets to announce **cancellation** of this year's conference scheduled for the weekend of September 25-27, 2020. We look forward to seeing you next year at the conference planned for the weekend of September 24-26, 2021. The link is here.
- **Sharing and Caring Spring 2020** Sat. -Sun. May 2 - 3, 2020 is **cancelled.** Contact Jane at 419-320-7083 or smalleyjcsmalley@aol.com for registration refunds. Re-registration is needed for the **newly rescheduled dates** (November 7-8, 2020).
- **34th Annual Rainbows 'N Recovery Al-Anon Conference** has been **cancelled** for May 8, 9, & 10th, 2020. Judy S. will contact registrants and roll over fees to the new date which has been **rescheduled** for March 12-14, 2021.
- **Fall Into Serenity Conference** September 25-26-27, 2020 (Amish Door Inn in Wilmot, Ohio) has been cancelled. The District 48 Fall Into Serenity Conference has been **rescheduled** for September 24-25-26, 2021. Mailing list requests will be taken at fallintoserenity@neo.rr.com.
- **OAR at Salt Fork October 2,3 &4** will be virtual - more information will be sent later.

Cancelled Meetings:

- **Sunday**
  - **Sunday Serenity Circle AFG** Sunday 4 p.m. Unitarian Universalist Congregation of Cleveland, 2728 Lancashire Rd. Cleveland Hts.
  - **Sunday Triangle AFG,** Sunday 4:00 p.m. Brookpark Community Church, 16845 Holland Rd., Brook Park, OH
  - **Chagrin Falls Discussion AFG** Sunday 7:00 p.m. Bentleyville Town Hall, 6253 Chagrin River Rd.
  - **Amherst Sunday Nite AFG** Sunday 7:30 p.m.Good Shepherd Church, 1100 Cleveland Ave. Amherst, OH face to face meetings have been suspended and temporarily changed to a phone meeting format. The number is (425) 436-6339 and the access code is 7116611. Dial the #, enter access code followed by #. Please call in about 7:15
- **Monday**
  - **Sunrise Serenity AFG** Monday 7 a.m. Beginners 8 a.m. St. John's Cathedral, 1040 Superior Ave. downtown Cleveland.

- **Monday Sunshine AFG,** Monday 9:30 a.m. Willoughby Methodist Church, 15 East Spaulding Street, Willoughby.
- **Serenity Brownbag AFG,** Monday 12:05 p.m.St. John's Cathedral, 1040 Superior Ave. Dial 978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Cleveland.
- **Courage To Change AFG** Monday 7 p.m. Beginners, 7:30PM regular meeting at Pilgrim Lutheran Brethren Church Mentor is cancelled until further notice due to the coronavirus pandemic. Please check back often for updates. Stay safe and be well.
- **Parma Heights Just For Today AFG**, Monday 7 p.m. Parma South Presbyterian Church, 6155 Pearl Rd.
- **Lyndhurst Monday AFG** Monday Beginners Meeting at 7:30 p.m. regular meeting at 8 p.m. Messiah Lutheran Church, 5200 Mayfield Rd., Lyndhurst.

- **<u>Tuesday</u>**
  - **Circle Of Hope AFG**, Tuesday 9:30 a.m. Lyndhurst Community Presb. Church, 5312 Mayfield Rd., Lyndhurst.
  - **A Spiritual Awakening for Adult Children of Alcoholics AFG,** Tuesday Beginners 12:30 & 1 pm Rockport Branch Cleveland Public Library, 4421 West 40th St., Cleveland.
  - **New Hope AFG** Tuesday 1:15 pm Bay United Methodist, 29931 Lake Rd. Bay Village, cancelled until further notice. Thanks.
  - **Euclid Tuesday AFG** Tuesday 7:30 p.m. at Church of the Epiphany 21000 Lakeshore Blvd. Euclid.
  - **Paths To Recovery AFG** Tuesday 7:00 beginners, 7:30 p.m. regular meeting, Pilgrim Congregational UCC,2592 W 14th St. Tremont area. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Cleveland.
  - **Kirtland Tuesday AFG** Tuesday 7:30 pm Old South Church, 9802 Chillicothe Rd. Kirtland, is a closed meeting pending further notice due to the coronavirus as we practice "this too shall pass".
  - **4th Step Tuesday AFG** Shaker Hts. Tuesday 7:30 p.m. Unitarian Church, 21600 Shaker Blvd. Shaker Hts.
  - **Expect A Miracle AFG** Tuesdays 8 p.m. 7171 Pearl Rd, door 5, Middleburg Heights.
  - **Suburban West AFG** Tuesday 8 p.m. Rocky River Presyterian Church, 21750 Detroit Ave. Rocky River.
- **<u>Wednesday</u>**
  - **Lyndhurst Wed. A.M. AFG**, Church of the Good Shepherd, 23599 Cedar Rd. between Green & Richmond. Lyndhurst.
  - **Faith, Hope, and Love AFG** Wednesday 9:30 a.m. United Methodist Church, 15700 Detroit Ave. Lakewood.

- **Amherst West Side Serenity AFG,** Wednesday 7:30 p.m. at Amherst United Methodist Church, 396 Park Ave. Amherst.
- **Heights How It Works AFG** Wednesday 8 p.m. South Euclid Community Center, 1370 Victory Dr. South Euclid.

- **Thursday**
  - **Lakeshore Thursday AFG** Thursday 12 noon East Shore United Methodist Church, 23002 Lakeshore Blvd. Euclid.
  - **New Hope AFG** Thursday 1:15 p.m. Lakewood Presyterian Church, 14502 Detroit Rd. Lakewood.
  - **Living With Hope AFG** Thursday 7 p.m. Trinity Lutheran Church, 6345 Chapel Rd. Madison.
  - **Al-Anon How It Works for Adult Children of Alcoholics AFG** Thursday 7:00 beginners, 7:30 regular meeting Dr. Martin Luther Church, 4470 Ridge Rd, Brooklyn. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
  - **Al-Anon: How it Works for Adult Children of Alcoholics AFG** Thursday Beginners Meeting At 7:00 pm, regular meeting at 7:30 pm Dr. Martin Luther Church, 4470 Ridge Road Brooklyn, Ohio.
  - **Burton Thursday AFG** Thursday 7:30 p.m. Burton Congregational Church, 14558 W. Park Ave. We are canceling our meeting until further notice, due to the COVID-19 virus and encouraging members to do online meetings. Thank you.
  - **Make A Better Day AFG,** Thursday 8 p.m. at Mary Queen of The Apostles 6455 Engle Rd. Brook Park is closed until June.
- **Friday**
  - **Friday A.M. West AFG** Friday 9:45 a.m. Rockport UMC, 3301 Wooster Rd. Rocky River.
  - **Brooklyn Friday AFG** Friday 6:15 beginners, 6:45 p.m. Brooklyn Reformed Church, 9014 Biddulph Rd. Brooklyn new phone meeting (605) 313-5879 access code 455981# Please join us - either as a silent listener or as participant
  - **Cleveland Family of Choice AFG** Friday 7:30 p.m. West Park United Church of Christ, 3909 Rocky River Dr. Cleveland.
  - **Friday Freedom AFG** Friday 8 p.m. Center for Pastoral Leadership, 28700 Euclid Ave. Wickliffe.
- **Saturday**
  - **Westside Women's Saturday A.M. AFG** Saturday 9:00 a.m.Bethany Presbyterian Church, 6415 W. Clinton Ave. (women only) Cleveland. See new electronic meetings.
  - **Saturday Fourth Step Journey AFG**, Saturday 10 a.m. St. Paul Episicopal Church, 2747 Fairmount Blvd. Cleveland Hts.

- **Willoughby Fourth Step AFG** Saturday 10 a.m. Body of Christ Community Church Willoughby 30857 Erie Rd. Willoughby

Please be advised that any event may be canceled at any time!

For up to date cancellations, please click here or go www.clevelandal-anon.org.

Al-Anon Adult Children Thirst for Wisdom! 💦

Two new Al-Anon Adult Children groups (A Spiritual Awakening for Adult Children of Alcoholics AFG and How It Works for Adult Children of Alcoholics AFG) have heard the Experience, Strength, and Hope of 3 Speakers in the past few months as well as that of others who have been attending weekly. Thank you for sharing.

photo by Mary Jo M.

Both of these groups welcome anyone affected by someone else's drinking, as well as anyone interested in learning about Al-Anon Family Groups. After all, that is how many of us, including me, first came to the program wondering if it could help me. Can it help you? Drop by and try some meetings, work the Steps around your adult children issues. A longtimer told me several weeks ago; she tells people if it doesn't work for you, we will gladly refund your misery.
How It Works for Adult Children of Alcoholics AFG, Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.

1-712-432-8808 Pin Code 2287# Mondays at 11 a.m. a group meeting that uses "Survival to Recovery." The moderator, Joseph writes: Sometimes facing the damage done to young people is more than we can bear, but ignoring the elephant in the room only perpetuates the family disease, increasing the number of victims with each passing day. Until the victims are allowed out of the darkness and into the light, no-one can truly be safe. Little by slowly, however, things are turning around in our whole world, and I believe things are about to get intimately better than the last 20 or more generations could have ever dreamed possible.

Hello Friends! **June 24, 2020**

As the seasons continue to change, the world continues to adapt to and deal with the ongoing COVID crisis. It's clear there will be no quick return to our former normal. Instead, we are all defining new normals. Public outreach is no exception. The opportunity to share in-person or paper-based information is limited, so groups, districts, and areas across the country are getting creative about how they reach out and share information with the public. Some ideas shared in the outreach community include:

- **Emailing professional offices to share electronic materials and information that can be found on the WSO professional outreach page: https://al-anon.org/for-members/public-outreach/. Attached is a list (also shared last month) of suggested places groups can send public outreach information.**
- **Hosting zoom meetings or chats with professionals to share information about Al-Anon. WSO is creating a virtual Al-Anon background for these meetings.**
- **Offering to participate in virtual meetings hosted by professional or regional organizations to share information about Al-Anon and how professionals and community members can access information.**

I would love your thoughts on things we could be doing in Ohio to support public outreach. Two ideas shared so far are adding more public outreach information to our website, which I'll be working on this summer, and scheduling a monthly public outreach call on which all would be welcome to join and discuss outreach ideas and opportunities across the state. If there is interest in that, I'd be thrilled to set it up.

Until next time…

Sheri Bogardus

Public Outreach Coordinator

513-252-4703

swbogardus@gmail.com

Places to place PUBLIC OUTREACH Materials
e.g. Forum, Al-Anon Faces Alcoholism, Posters, Bookmarks

Please check with appropriate person(s) first:

- AA meeting rooms
- Al-Anon meeting rooms
- Rehab Facilities
- In-patient and out-patient facilities
- Counselor's/mental health offices
- Psychiatrist's office
- Doctor's offices
- Dentist's office
- Health offices at colleges, high schools, and places of work
- College/university dorms and community centers
- School-bulletin boards
- Work places
- Grocery stores
- Salvation army/goodwill stores
- Police dept.
- Fire dept.
- Homeless shelters
- Churches
- Libraries - public and university
- Visitor information centers
- Chamber of commerce
- Community bulletin boards
- Senior housing foyers
- Prisons
- Recreation facilities
- Veteran's homes
- Refuge centers
- Community meal rooms
- Walk-in clinics

- Salvation army/goodwill stores
- Ethnic markets
- Laundromats
- Hair dressers
- Barbershops
- University medical schools
- YMCA, YWCA
- National guard facilities
- Bus and train stations

LITERATURE ORDER FORM

Al-Anon Family Group Headquarters, Inc. - World Service For Al-Anon and Alateen

CONFERENCE APPROVED LITERATURE (CAL) - RECOVERY & SERVICE MANUALS

This Order Form is available online at clevelandal-anon.org

Greater Cleveland Al-Anon Literature Distribution Center will open in July. Send literature orders to: cleveland.ohio.ais@gmail.com. Literature order form click please here

We now have literature pick up at the Lakewood office! Please call ahead.

NOW 3 DAYS A WEEK

NORTHEAST OHIO
AL-ANON FAMILY GROUPS

ZOOM MEETINGS DURING COVID-19

Meeting are at 7 pm EST
Monday, Wednesday & Friday ONLY

https://zoom.us or download the Zoom app
CALL IN: 1-646-876-9923

Meeting ID: 514-340-369
Password: 444126

Sharing 7th Tradition With the Three Arms of Service

Contribution Information Your Group's Gift to Al Anon

For All Contributions: Please include your group # (found on the meeting PDF on our website) on the check memo line!

- **How to contribute to Greater Cleveland Al Anon Office:**
  - Please send checks made out to: Greater Cleveland Al-Anon PO Box 42323, Brook Park, OH 44142-0323
- **How to contribute to Ohio Area Assembly:**
  - Make all checks payable to **AFG of Ohio** and mail to: AFG of Ohio, Inc. PO Box 524 Columbiana, OH 44408-0524
- **How to contribute to Alateen:**
  - Make Checks payable to: Cleveland Alateen PO Box 42323 Brook park, Oh 44142-0323
- **How to contribute to WSO:**
  - Make checks to AFG Inc. & send to Al-Anon Family Groups Inc. 1600 Corporate Landing Parkway Virginia Beach VA 23454-5617 or at al-anon.org.

Please Announce at meetings: downloadable newcomer's packet at al-anon.org/welcome

We invite you to Dial In or Click In to the Zoom Meeting for the Greater Cleveland Al-Anon Intergroup Council's 1st Virtual Al-Anon Picnic

Sunday July 12, 2020

Time: 1:00-2:00 pm

Al-Anon, AA & Alateen Speakers

To access the meeting you can download the Zoom app on your smartphone, tablet or computer (see below). Please use the **Meeting ID 863 9482 8658#** (no password needed) or you can dial this number on any phone **929-205-6099** & then input the meeting **ID: 863 9482 8658#.**

Questions? Email Mary Jo at hilites.clev.ais@gmail.com or call/text Merri **(216) 695-0792.**

New to Zoom?

Please do not hesitate to contact Mary Jo M. through email at hiltes.clev.ais@gmail.com and or Merri G. (216) 695-0792 for assistance with downloading Zoom and just getting started so you can be able to participate in the virtual picnic and other Zooms. Please reach out!

2020 has started out to be a year like no others.

Usually at this time each year we send out your invitation and registration for our Fall into Serenity Conference.

After much information gathering, opinions and input from many members and discussion, we have made the decision to postpone the Fall into Serenity conference until 2021.

There will be no Fall into Serenity Conference September 25, 26 and 27th 2020.

We look forward to our time together but Ohio State guidelines prevail and our decision deadline with the Amish Door is fast approaching.

Our conference agreement remains intact and our conference will be held at the Amish Door in 2021.

Looking Forward, One Day at a Time,

Love,

Anita, Barb, Bran, Linda and Polly

Read on…

Not to be totally discouraged, - we do plan on 2021.

Soooooooooo. . .

SAVE THE DATE!!

District 48 Conference

September 24, 25 & 26 2021

Amish Door Inn

Wilmot, Ohio

"Fall into Serenity"

If you are not on our mailing list and would like to be, please, send your request to:

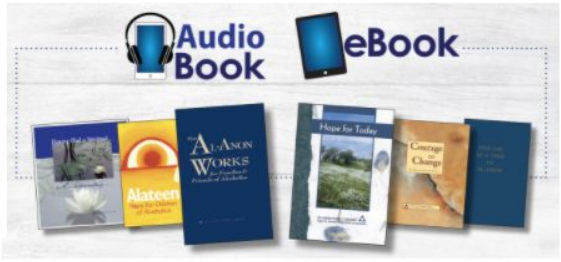
fallintoserenity@neo.rr.com

IN THE LOOP

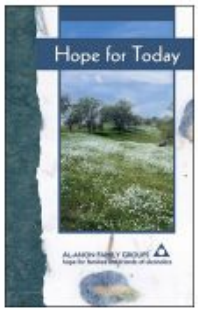
NEWS FROM YOUR WSO

Explore Our Most Popular Titles Now Available as eBooks and Audiobooks

Al-Anon is growing its collection of Conferenced Approved Literature (CAL) available in **eBook** format by including another daily reader. The Top Four Best Sellers of 2019 are now available digital formats, such as eBooks and Audiobooks.

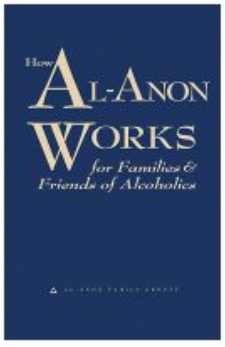


Hope for Today



The latest CAL made available in **eBook** format! Our newest release includes the index complete with links to each reading.

A daily reader written from the perspective of members who grew up in alcoholic homes. This book is for anyone who wants to grow in acceptance, compassion, and understanding.

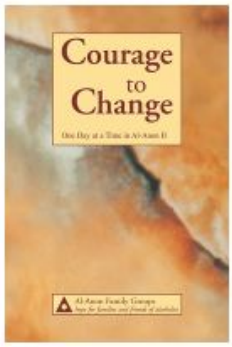


How Al-Anon Works

Available in **eBook** and **Audiobook** formats!

Al-Anon's basic, most comprehensive book discusses all aspects of our program of recovery. It is an excellent resource for personal and meeting study, as well as for newcomers.

Courage to Change



Available in **eBook** and **Audiobook** formats!

A daily reader from a fresh, diverse perspective.

Its insightful reflections reveal surprisingly simple things that can transform lives. One of our most consistently popular books.

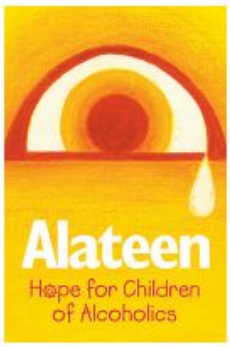
One Day at a Time in Al-Anon

Available in **Audiobook** format!

An Al-Anon classic!

This inspirational daily reader relates Al-Anon philosophy to everyday situations, helping to make each day better than the one before.

Alateen – Hope for Children of Alcoholics



Available in **eBook** format!

This basic introductory book for teens affected by someone else's drinking includes an easy-to-understand explanation of alcoholism and the Alateen program.

Having Had a Spiritual Awakening...

Available *exclusively* in **eBook** format! No print version available.

This beautiful book features member sharings, photographs, and artwork from around the globe, reflecting the diversity of Al-Anon members' spiritual experiences.

➢ some sample chapters of CAL:
https://al-anon.org/for-members/members-resources/literature/feature-publications/

➢ a variety of free downloadable pamphlets & info:
https://al-anon.org/for-members/members-resources/literature/downloadable-items/

➢ a slogans page:
https://al-anon.org/for-members/members-resources/literature/al-anon-slogans/

➢ the New Members Blog which is also available for use for any Al-Anon meeting.
https://al-anon.org/for-members/members-resources/member-blog/

➢ excerpts from the Forum: "The Forum" Magazine Stories
https://al-anon.org/for-members/members-resources/literature/magazines/forum-magazine-stories/

➢ the 2020 Al-Anon Faces Alcoholism magazine:
https://al-anon.org/for-members/members-resources/literature/magazines/afa-magazine/