Newsletter of the Greater Cleveland Intergroup Council

December 2020

Al-Anon *HiLites*

Issue 15
Volume 15

Al-Anon Services
International News
Al-Anon Family Group World Service Office
1600 Corporate Landing Parkway
Virginia Beach, Virginia 23454-5617
Meeting Information
Visit www.al-anon.org
Cleveland Area Website
www.clevelandal-anon.org
Do you want HiLites delivered to your email?
hilites.clev.ais@gmail.com
Do you want HiLites delivered by U.S. Mail?
Call (216) 621-1381
Send All U.S. Mail Correspondence To Greater Cleveland Al-Anon, PO Box 42323, Brook Park, Ohio 44142-0323
Send literature orders to: cleveland.ohio.ais@gmail.com
Cleveland Area Office Location
14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107
The office is open! Please call ahead

Please click here to fill out a current meeting status survey for your group.

Please consider going to al-anon.org and contributing what normally you would be giving in your face to face meetings. We in Al-Anon say "contribution" because we are contributing to our own fellowship that provides us with so much opportunity for recovery!
Please see page 16 for contribution information.
Thank you for your contributions!

Al-Anon *HiLites* Policy: **Al-Anon** *HiLites* includes the experiences and opinions of Al-Anon members and others. Opinions expressed are not to be attributed to Al-Anon, nor does publication of any article imply endorsement by **Al-Anon** or *HiLites.* **Take what you like and leave the rest!**
To contact the volunteer editors of *HiLites*: please email hilites.clev.ais@gmail.com or U.S. mail to PO Box above.

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For any correspondence regarding groups or office literature requests, email cleveland.ohio.ais@gmail.com Or call (216) 621-1381.

Publisher Newsletter of the Greater Cleveland Al-Anon & Alateen Intergroup Council

Al-Anon helps you find the missing 'Peace'

Intergroup News Cleveland Intergroup Council meets at 7:00 PM at Vincent Charity Hospital Rosary Hall Building 2nd Floor Room 203 -W 2351 East 22nd Street Cleveland, Ohio 44115

Officers & Committee Chairs

Chairperson: Betty	Office: ☆Volunteers	Alateen: Gary & Sara
Secretary: Sheila	World Service	Website: Ray
Treasurer: Merri	Public Information: Regina	HiLites: Mary Jo
	Archives: Vivian	

☆Office volunteers are: Julie C, Vivian M, Nancy H, Kathy B, Susan H & Kathleen M☆

CLEVELAND AL-ANON COUNCIL
Minutes of the Meeting of
November 20, 2020

The meeting began at approximately 7:07 p.m. with a reading from *Courage to Change* and the Serenity Prayer. The meeting was conducted via Zoom. There were 14 people in attendance.

The minutes of the October 16, 2020, meeting were read, with motion then made to accept the minutes as read.

VOLUNTEERS/OFFICE REPORT:

1. Vivian gave a report. There are 5-6 orders coming in for December. A question was asked regarding the number of calls the office receives and if a log is kept of the calls. Vivian remarked that there is a daily log. She also noted that incoming calls are down, but that may be due to the fact that there is information available now on the website which people can access easily and they could get their questions answered through the website. Merri remarked that many emails are coming in to the office gmail account. She said that this e-mail account is a great tool.

TREASURER'S REPORT: Merri presented her report for October (attached to these minutes).

1. She reported on the positive results on the tax abatement with the Ohio Attorney General (failure to file the necessary documents with the State of Ohio by Karen P., resulting in a $200.00 penalty). She received a letter from the Ohio Attorney General waiving the penalty.
2. A discussion followed about Gratitude Night and the making of a donation to Stepping Stones. Many members remarked how much they enjoyed seeing their presentation. After discussion, motion was made and seconded to donate $100.00 to Stepping Stones.
3. A correction was also made to clarify Marilyn's position – she will be an advisor to the Treasurer, rather than a co-Treasurer.

HILITES: Mary Jo gave her report: December's HiLites is about ready. She noted that gifts were sent to the three speakers at Gratitude Night. A gift card was also sent to the tapist.

ALATEEN: Gary gave his report. No action is going on at the present time. He is checking on a possible new meeting place for the Alateens. He also noted that he will have a financial report for Alateen at the January Council meeting.

PUBLIC OUTREACH: Regina gave her report as follows:

The Public Outreach Committee had their first Conference Call Meeting on Wednesday, November 4, 2020 at 3 pm. Five members were in attendance. Since our last report, we have grown to ten members. One of the main topics was distributing older *Al-anon Faces Alcoholism* magazines to libraries as was done in 2018. There was concern if this needed to be the only literature sent out. There are 27 Cuyahoga County libraries. and 13 in Lake County. It was asked if the two libraries in Lakewood could be included even if not county branches. We agreed. One of our newer members from Lake County had committed to a library there, a group of CAL books for those newcomers or others who may not have the income to purchase books. The books were: *How Al-anon Works*, *Paths to Recovery*, *Opening Our Hearts and Transforming our Losses*, *Discovering Choices* and *From Survival To Recovery*. We decided to add in the three daily readers. This expense would go under Public Outreach. It was suggested that this could be done in Cuyahoga County as well. Cuyahoga has a floating system where you can request a book from any branch if it is not available near you. We also mentioned the need for

PSA's. Contacts for that were suggested. We ended that meeting with a few things to research: (1) Did Merri G. do the labels being put on the AFA's, (2) Does anyone know about the amount of a P.O. budget, (3) Find out about book circulation, and (4) Find out how many P.O. counties are under the Greater Cleveland Al-Anon umbrella. The conference call ended at 4: 15 pm. The next meeting was scheduled for 4:45 pm to accommodate new members who were unable to get on this call.

The information gathered after that meeting included: (1) Merri G. had not done the labels. Next, at the office were discovered 508 AFA's from 2018 and 108 from 2019, totaling 616. Fifty had been labeled. Nancy went to Staples and had 600 labels printed. This bill was also added to P.O. (2) Merri G. shared that we are a 501(c)3 and must give back to the community a certain amount of value which would best be from a budget. The amount of $2,000.00 was said to be feasible for what we are trying to accomplish. A message was left with the head of Cuyahoga County Libraries Book Circulation. The AFA distribution can be handled by Parma/Snow per my contact. There are a total of eight counties under the Greater Cleveland P.O. arm. For the PSA, our Hi-Lites has a PSA section and our State P.O. contact is Sherri B. Also, our newest member took the initiative and delivered 15 copies of 2020 AFA to the Cleveland Heights Police Department. They were overjoyed

In our meeting on Wednesday, November 18, 2020, we reviewed the aforementioned findings. One of our returning members asked about Forum distribution. We agreed that those would be for existing members. The 2021 AFA's will be ready in January. They will not have the year on them. One member shared some PSA information from WSO. Two items included links with Facebook involvement and Digital Billboards. The call concluded for reports' sake at 5:33 pm.

Since then the Governors restrictions may interfere with some plans. I have left messages with my three contacts concerning AFA distribution and book circulation and PSA's. I inquired about the Facebook and Digital Billboard ideas for P.O. with WSO. At this time, Facebook will not be an option and any local digital billboards must be generated through WSO. This leaves the question of our recommendation to receive a budget of $2,000.00.

A suggestion was made to announce in the HiLites that the books would be available at the different libraries.

Respectfully Submitted,
Regina F., Public Outreach Coordinator

GREATER CLEVELAND AL-ANON WEBSITE:

1. Mary Jo remarked on the clicks for the website for October: The website (cleveland al-anon.org) received 531 clicks during October. The top performing query was 'al anon cleveland'. "Find a meeting by day" received the highest performance at 129 clicks. Access to the website included: 289 mobile, 225 desktop, and 17 tablets. The website received 525 clicks from the U.S., two from the Netherlands and one from Canada.
2. Gary reported that everything was going well. Also, old notices on the website will be removed at the request of Council.

OLD BUSINESS:

1. Renewal of crime insurance for the office – Jan gave a report on her efforts in securing insurance for the office. Council will retain Travelers as the insurer for the office, with a yearly premium of $850.00, and a $1,000.00 deductible. The members were comfortable with the renewed policy and thanked Jan for her efforts in securing a renewal of our policy.

2. More to follow on the financial committee's work on drafting a manual for the office. 3. Spring Workshop – The workshop will be focused on Steps 1-5, and *How Al-Anon Works* will be the book used. The date is February 20, 2021.

NEW BUSINESS:

1. Public Outreach budget – there was a discussion concerning a new budget for outreach. After discussion, motion was made and seconded to provide a $2,000.00 budget for Public Outreach for 2021 (January through December).
2. WSO plea letter – Merri read the letter from the WSO. After discussion, motion was made and seconded to donate $250.00 to the WSO.
3. 2-Day Fall Assembly - Mary Jo gave details on the 2-Day Fall Assembly of October 17. She noted that the 2021 Ohio Area Conference is going to be a virtual conference. All the task forces are currently meeting on various topics. Jan S. will be meeting on Zoom with the officers regarding the insurance for Al-Anon Family Groups of Ohio.

△△△△△△△△△CALENDAR OF UPCOMING EVENTS △△△△△△△△△

2/20/2020 Spring Workshop on Sponsorship Steps 1-5 9 am-2 pm on Zoom

3/2021 Area World Service Conference (AWSC) – date and time to be determined 5/2021 Spring Assembly – date and time to be determined
6/25-27/21 Ohio Area Conference – Youngstown/Boardman, Ohio

Motion was made to close the meeting at 9:00 p.m., with the Lord's Prayer following. The next meeting will be held on December 18, 2020, via zoom. All are welcome to attend - Meeting ID is 863 9482 8658#. Or dial by phone 929-205-6099 followed by the meeting ID.

Respectfully submitted, Sheila C., Secretary

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Greater Cleveland Al-Anon Intergroup Council Treasurer's Report

October 16, 2020 & September 30, 2020

Statement Ending Balance-August $48,839.72

Statement Ending Balance-September $19,625.74

This month we had 3 deposits in the amount of $1,570.20. Included in this deposit was one electronic donation of $27.81 which is interest from an oil well donated by a deceased member.

The Internet and phone in the amount of $124.34. We had one debit of $495.00 for our rent. Our per diems for the month of September were $155. The expense for the per diem's were $125 because one volunteer declined the per diem. The sales tax paid in September for August literature sales is $20.64. We paid $50 this month to the Ohio Attorney General for our trust fees for 2018.

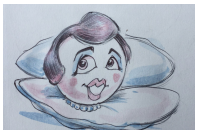
We had 5 checks clear the bank in September: 1) Volunteer 1320 $ 30.00 2) Per diem-July 7 and July 21-3) Per diem Volunteer 1326 $ 30.00 4) Per diem-Aug 4 and 18 5) Volunteer 1327 $ 30.00 Per diem-Aug 12 and 19
Cleveland Alateen-4th step Tuesday sent a $15 check to pay for a literature bill from Aug. 15, 2019 that was $10.80 and requested that the overage be sent to Cleveland Alateen.
4th Step Tuesday 1333 $4.20 I mailed a check to Gary.

Ohio Savings Bank 1335 $30,000.00 Voted to add part of insurance return to an existing CD. The September literature payments by groups was $1,213.19, and the September net literature sales were $675 and shipping charges were $46.65. The donations were $310.00. We received donations from the following groups and Individuals in September: Jessica M, Monday Sunshine AFG, Linda P, Solon Serenity, Courage to Change, Kirsten K.

I want to thank Jan and Sheila for helping me draft a letter to the Ohio Attorney General asking for an abatement for the $200 Fees charged us due to not filing a financial report in 2018. Karl Martin at the Ohio Attorney General was very helpful in making sure that our letter was given to the associate who handles these types of cases.

Last month, I reached out to Linda M.P who willingly volunteered to handle all the thank you cards for groups or individuals who donate to the office. I am grateful for her support as I learn to delegate activities. I will be training Vivian on ordering literature for the office electronically. In addition, Vivian is willing to purchase any supplies needed for the office and send me receipts for reimbursements. Therefore, if volunteers could please contact me or Vivian before purchasing supplies that would keep us from double-buying.

Respectfully Submitted, Merri G. Greater Cleveland Al-Anon Intergroup Treasurer



Share your sorrows they divide,

Share your happiness it multiplies

SAVE the DATE

JUNE 25-27, 2021
2021 OHIO AREA CONVENTION

Despite the current health crisis, we **will** have a Convention,
whether virtually via Zoom or in person.
Get on board for more recovery!!

MORE INFORMATION TO COME

REGISTRATION AVAILABLE IN 2021

Sponsored by Youngtown Districts #4 & #9

Contact Ginny C. at chairman@ohioal-anon.org

From OHIO AFG

The Calendar on the Ohio Al-Anon website:
Ohio Area Assembly Calendar
Current Chairman
Past Delegate Panel 55
Our Members: Our Hope for the Future
Our Spiritual Principles in Action
Living Our Spiritual Principles
Realizing Our Spiritual Principles

△△△From the World Service Conference △△△

Have you transitioned your face to face meeting to a phone or video meeting? Would you like to temporarily register the temporary meeting information with WSO?
Click here

Al-Anon's First Official Mobile App is Released!

Download on the App Store | GET IT ON Google Play

Mobile Guide | New Electronic Meeting Registration Form

Download It Today!

Please Announce at meetings: downloadable newcomer's packet at al-anon.org/welcome

Non-Internet Newcomers: To request a paper newcomers packet mailed to you, please leave your address with the Al-Anon office (216) 621-1381

Also free downloadable service manual: https://al-anon.org/for-members/members-resources/manuals-and-guidelines/service-manual/

Four Decisions: Decision, Desire, Dedication, Determination.

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

phone: 757.563.1600
fax: 757.563.1656

al-anon.org
wso@al-anon.org

Please read at a minimum of two successive meetings so that all members may have an opportunity to participate in the Seventh Tradition

Quarterly Appeal Letter
To Individual Members in Your Group

November 2020

Dear Al-Anon and Alateen Members,

On behalf of the World Service Office (WSO) Staff and Volunteers: *Thank You!* Thank You! Thank You! Your wonderful generosity for the past few months has been out of this world! As of the end of July 2020, your contributions were $1,669,589! We expect that this year's contributions will exceed literature sales for the first time since 1954! Your generosity is truly a silver lining in these uncertain times. We still need your help to make sure we are able to cover our expenses through the end of 2020 and beyond.

After much hard work from the Staff and a few delays, the Al-Anon Family Groups mobile app was launched on August 12. This was truly a historic day for our fellowship. Another history-making moment came two days later, on August 14, 2020, when the first meeting was held via the app! I was privileged to be part of that meeting along with members from all over the world! I am so excited and thrilled about this new app. I hope many of you have found it and are enjoying the many features.

One of the features is the ability to make contributions through the app. We hope this will be an easy and convenient way for our members to practice the Seventh Tradition. You can also make a contribution through the Member's page on al-anon.org using a credit card or PayPal. Of course, we will always take a check sent the "old fashioned" way. Whichever way you feel comfortable making a contribution works for us!

Just a reminder that, as always, the WSO is here for you. The Staff is ready and willing to answer your questions and help in any way they can. A list of services provided by the WSO is on the reverse side of this letter.

Again, thank you for the love and generosity you've given to our fellowship.

In loving service,

Cathy T.

Cathy T.
Member
AFG, Inc. Treasurer
treasurer@al-anon.org

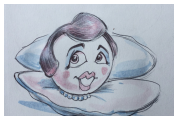
See the reverse for "How Al-Anon Serves Your Group and You"

Contributions to Al-Anon Family Group Headquarters, Inc. or Al-Anon Family Group Headquarters (Canada) Inc. may qualify as a charitable deduction, but the WSO makes no judgment as to the specific deductibility of a contribution by any member.

The last annual financial report, filed with the New York State Department, may be inspected at State of New York, Office of the Attorney General, Charities Bureau, 120 Broadway, New York, NY 10271; upon written request to the Commonwealth of Virginia, Department of Agriculture and Consumer Services, Division of Consumer Protection, Office of Consumer Affairs, PO Box 1163, Richmond, Virginia 23218; or at al-anon.org/members.

Al-Anon Family Group Headquarters, Inc., 1600 Corporate Landing Parkway, Virginia Beach, VA 23454-5617

- It works if you work it
- Easier to love than to hate
- It takes a lot more time & energy to hate than to love
- Good judgement comes from experience, experience well, that comes from bad judgement



The HiLites subscription order form

Special Message: if your HiLites is delivered is to your meeting address or you need a paper HiLites mailed during COVID-19, please email cleveland.ohio.ais@gmail.com

Price for One Year **$15** Total amount enclosed $ _____

Name _____

Address _____

City _____

State, Zip Code _____

Phone number _____

Please make checks or money orders payable to and send to:

Greater Cleveland Al-Anon
P.O. Box 42323 Brook Park,
OH 44142-0323

Telephone (216) 621-1381 Website www.clevelandal-anon.org
Email hilites.clev.ais@gmail

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AlaShare

Monthly sharing of original essays, poems, lyrics, & ideas
Members wishing to submit a share please send to hilites.clev.ais@gmail.com

Gifts of the Program Mary Jo Brooklyn Friday AFG

The Al-Anon program contains many gifts. What I have learned in a few 24/7's is that the family disease of alcoholism is counterintuitive. What I think will work doesn't - what seems like it will never work often gets an unexpected result. I cannot live in the mind of God so I will never know why it works like this, but all I can say from experience is it does. When dealing with oppositional teens my first sponsor suggested I stop and think before responding and "flip" my response. Whatever I was going to say, try instead to say the opposite. To my eternal shame, my teens literally blossomed under this. Why? Probably because everything out of my mouth was judgemental, critical and negative, so when "flipped" my responses became tolerant, compassionate and positive. What a gift I was given! I had to seek self forgiveness over and over and put living amends in place for these developing young souls I had harmed. Since that time, my HP, my sponsors (I actually have four: a Step, a personal & two service sponsors) and I have worked together to "flip" or "turn over" many things. I'm going to leave you with a list that has helped me greatly, identifying "opposites" so I can begin to see the direction HP is taking my healing. I need to heal, wound, heal, wound, and heal over and over until I am entirely ready. This is one brick hard head on top of my shoulders and my HP and sponsor group know this and love me as I am and as I grow. I suggest using personal "slips" and this list with your HP in your daily 11th Step of prayer & meditation. I ask to be shown what is needed, empty my mind and more becomes revealed. May this list of "gifts" be opened and turned over by you this holiday season. May you find the help and comfort many of us have been privileged to enjoy!

Open the gift of	**to find**	**More gifts…**	**to find (with your HP)**
fear	**faith**	**resentment**	**forgiveness**
hate	**love**	**judgement**	**tolerance**
egoism	**humility**	**despair**	**hope**
anxiety and worry	**serenity**	**self-hate**	**self-respect**
jealousy	**trust**	**selfishness**	**service**
fantasy	**reality**	**loneliness**	**fellowship**

God says, "Build your relationship with me."

Alateen Corner Our Rocky River Alateen group was meeting at Clague Park but will not continue due to weather and time change. There are some Zoom Alateen meetings across Ohio, and if anyone is interested in checking it out, please contact me, at g.jokela@att.net or my home (440-835-8807) or contact Sara M., for more information.

📟 **Alateens are encouraged to connect using the Alateen chat rooms at al-anon-org.**

Please click here to fill out a current meeting status survey for your group. We would rather you did this twice or even incompletely than not at all.

📲📲📲📞📞📞📞 New Area Phone Meetings: 📞📞📞📞📲📲📲

- **Triangle AFG** Sundays (978) 990-5000 access code 389413# Step Meeting 3:15 (Reaching For Personal Freedom), regular meeting 4:15, Beginners 5:15 p.m. We also meet at Parma Park Church of God 12000 Huffman Rd 3rd Grade Room Parma, OH.
- **Brooklyn Friday AFG** Fridays 6:15 Beginners meeting, 6:45 p.m. regular meeting. Please dial (605) 313-5879 followed by access code 455981# - Please use *6 to mute/unmute.
- **Amherst Sunday** on Sundays 7:15 p.m. (425) 436-6339 access code 711661#.
- **NE Ohio AFG** W-F-Sa-Su F-Sa-Su 7 p.m. W at 8 pm Meeting ID: 514-340-369 Password: 444126 or call in using a phone: 1 (646) 876-9923 then input meeting ID followed by the password.
- **Brown-bag Serenity AFG**, Monday noon (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
- **Paths To Recovery AFG**, Tuesday 7:00 beginners, 7:30 pm regular meeting (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the book Paths to Recovery with you if possible.
- **How It Works for Adult Children of Alcoholics AFG,** Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the books Hope For Today & How Al-Anon Works.

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- **Westside Women's Saturday A.M. AFG** (women only): Saturday 9 a.m. on Zoom 762-519-726 **Password for is Alanon.**
- **West-side Women's Weekday PM AFG** (women only) 6:30 Tuesday on Zoom Meeting ID: 933 283 4576. Password is AlAnon.
- **Expect a Miracle AFG** Tuesdays 7 pm Meeting ID# 627 216 3350 Password: 836833.
- **NorthEast Ohio Al-Anon Family Groups on Zoom** Sunday Friday Saturday at 7 p.m. and Wednesday at 8 pm. https://zoom.us or download the Zoom app Meeting ID: 514-340-369 Password: 444126 or use a phone call to 1 (646) 876-9923 then input meeting ID then password.
- **Brunswick New Day** Mondays Zoom 7:30 – 8:30 pm.82323393989 - password is: 2020.
- **Lakewood Monday Night AFG** -- Mondays 7:30 pm Now on Zoom. Meeting ID: 844 8760 6800 Passcode: afgmon Phone: 1 312 626 6799 (Chicago).
- **Shaker Monday AFG** Mondays 8 p.m. Zoom Meeting ID: 566 929 612 Password: 403286. Or dial in (312) 626-6799.
- **Sunday Sharing AFG** Sundays 7:30 pm. Please contact this email for ZOOM info: afgsundaysharing@gmail.com.
- **Fairport Harbor AFG** Wednesday 8 pm on Zoom Meeting ID: 514-340-369 Password: 444126 or use a phone call to 1 (646) 876-9923 then input meeting ID followed by password.
- **Middleburg Wednesday AFG**, 8 pm Wednesdays (formerly at Brook Park Community Church, 16845 Holland Rd. Brook Park, OH) is now a Zoom meeting. Meeting ID: 836 2937 0767 the passcode is 12345.
- **Make a Better Day AFG** Thursday @ 7:00 p.m. Meeting ID: 867-9476-0119 Password: 058951. Dial in 646-876-9923 and put in the above meeting ID and passcodes.
- **Westlake Gratitude AFG** Thursday Zoom at 8:00 pm Meeting begins at 8:30 pm Meeting ID: 766 5137 8846 Password: Gratitude.

- **Friday A.M. West AFG** Friday 9:30 a.m. Rockport UMC, 3301 Wooster Rd. Rocky River. This is now meeting via Zoom at 9:30 a.m. Meeting ID: 861-7752-0277 Password: 022457 Call In: 1-646-876-9923. Press *6 to mute and press *6 to unmute.
- **Hudson Saturday Serenity AFG** Saturday 11 am Meeting ID: 633 675 5554 Password: 502587 or dial in 929 436 2866 followed by the password.

Meeting Face to Face

Please click here to fill out a current meeting status survey for your group. Even imperfectly completed, any information would be better in our current world situation!

Groups are meeting face to face with safety protocols (face masks, social distancing, please bring your own literature & beverage).
If the facility or church where a group meets has safety protocols please follow them.

Lakeshore AFG Monday 7 pm Avon Lake 33119 Electric Blvd in Avon Lake. Meets in the pavilion on church property.

Brunswick New Day AFG, Monday 7:30 St. Mark's Lutheran Church, 1330 North Carpenter Rd, Brunswick a live meeting & a concurrent Zoom 82323393989 - password is: 2020.

Now There's Hope AFG Monday 6:30 Beginners 7:00 pm Regular Meeting. Forest Hill Presb. Church, 3031 Monticello Blvd., Cleveland Hts.

Columbia Discussion AFG Monday 7:00, Newcomers at 6:30 Bay United Methodist 2993 Lake Ave. is now meeting in doors.

Courage to Change AFG Monday 7:30 pm will meet face-to-face on November 2nd only (at the Pilgrim Lutheran Brethren Church 9514 Johnnycake Ridge Rd. Mentor OH 44060). Virtual meeting information available soon . Beginners Welcome!

Acceptance AFG, Monday 8 pm BRC (Bainbridge Recovery Club) 8231 Washington St. Chagrin Falls, Ohio.

12 Step Journey AFG meeting in Willoughby on the 4th Tuesday of every month has now gone inactive.

New Hope AFG Tuesdays 1:15 pm 29931 Lake Rd. Bay United Methodist Church in Bay Village. Meets in the parking lot.

Paths To Recovery AFG, Tuesday 7:00 beginners, 7:30 pm regular meeting F2F is at Pilgrim Congregational UCC, 2592 W. 14th St. (Tremont). You may also call in at (978) 990-5000 access code 832293#. Please use *6 to mute/unmute. Have the book Paths to Recovery if possible.

Release and Hope AFG Wednesday evening @ 7:00 in Bay Village at Huntington Park, by Huntington Theatre. Social distancing is being practiced. Possibly will move to an earlier time.

Independence Wednesday Night AFG Wednesdays 7 p.m. at Concordia Lutheran Church 6705 Brecksville Road. Independence.

Think Thursday AFG Thursdays 10:00 a.m. St. John Bosco 6480 Pearl Rd., Parma Hts. Bell Tower Hall, in the Pearl Room.

Solon Charity AFG (10 a.m. Thursdays) has resumed in-person meetings indoors in the large fellowship hall of Solon Community Church.

Burton Thursday AFG 7:00 p.m. Thursdays Burton Congregational Church 14558 West Park Street Burton. For social distancing, we are meeting in the very large meeting room upstairs.

New Day AFG Thursday 7:00 p.m. is meeting in person in the parking lot. The meeting is at St. Angela's, 20970 Lorain Avenue, Fairview Park. Social distancing is being practiced.

Parma Serenity AFG has been meeting since the middle of June at St. Columbkille Parish at 8 PM on Thursdays. We can accommodate about 20 people with social distancing and masks.

Cleveland Family of Choice AFG 7:30 p.m. Friday West Park United Church of Christ 3909 Rocky River Drive. Will begin meeting September 18th allowing strictly 10 people or less.

Friday Freedom AFG 8 p.m. 28700 Euclid St. Anthony Center Wickliffe inside the building.

Willoughby Fourth Step Saturday AFG Saturday 10 am Body of Christ Church 38057 Erie Road Willoughby.

Saturday Mentor Plains AFG Saturday 7 pm bring your own chair. Mentor Plains Methodist Church, 7271 Lake Shore Blvd. (W of Rt. 306) Mentor OH. Also on Zoom Meeting ID: 514-340-369 Password: 444126 or use a phone call to 1 (646) 876-9923 then input meeting ID then password.

Saturday Night Rainbow AFG meeting at 8:00 pm. AA meeting at the same time. St. Paul Lutheran Church, 276 East Bagley Rd., Park in the back. Enter using the back door on the right.

Sunday Serenity Circle AFG Sunday 4 p.m. Unitarian Universalist Church 21600 Shaker Blvd Shaker Heights.

Sunday Sharing AFG Sunday 7:30 pm 23599 Cedar Rd. Beachwood

- **Lyndhurst Mondays AFG** Mondays at 8 pm is moving to another location in Lyndhurst starting Monday, October 5, 2020. We will now be at Church of the Good Shepherd, 23599 Cedar Road, Lyndhurst, OH 44122.
- **Think Thursday AFG** Thursdays 10:00 a.m. on October 1st are moving from Bethel Lutheran to St. John Bosco Bell Tower Hall, in the Pearl Room. The address is 6480 Pearl Rd., Parma Hts. The facility is requiring masks and social distance.
- **Triangle AFG** Sunday 3 p.m. Step and 4 pm regular 5 pm Beginner has moved from the Brook Park Community Church of the Brethren to the Parma Park Church of God 12000 Huffman Rd, Parma, OH 44130 beginning Sunday, October 18, 2020. We will be keeping our FreeConferenceCall.com going as well for those who are unable to attend face-to-face meetings.

Please click here to fill out a current meeting status survey for your group. Thank you.

Al-Anon Adult Children Thirst for Wisdom! 💦

"How it Works for Al-Anon Adult Children" Celebrates First Anniversary!
Haven't we had some beautiful sunsets lately! I also have some beautiful news to share, our First Anniversary date has been set as Thursday, December 10th and Helen D., a great Al-Anon friend of mine and many others (who shares some of the same challenges we do) will be sharing her Experience Strength and Hope in our Anniversary meeting at 7:30 p.m..

We will “open the virtual doors” for over the phone fellowship (members providing their own dinners and beverages in their own homes) at 6:30 p.m. **Please remember, due COVID-19 this is a phone meeting only this time.**

Our Beginner’s meeting will start at 7:00 p.m. as usual, followed by our Anniversary Al-Anon Adult Children meeting at 7:30 as usual.

We would love for you to share with us for this special occasion to celebrate our First Anniversary! While Corona has made this a challenging year, having had our Al-Anon Adult Children friends about us has made this a much better one! Please dial in to listen and share!

How It Works for Adult Children of Alcoholics AFG, Thursday 7:00 beginners, 7:30 regular. Dial in (978) 990-5000 access code 832293#. Please use *6 to mute/unmute.
Our Al-Anon Adult Children group uses How Al-Anon Works & Hope for Today for our meeting.

What are Al-Anon Adult Children? Briefly speaking it is a group of persons who have been affected by usually, but not limited to Parents, Grandparents or other authoritative family member's use of Alcohol or other addicting chemicals.

The **Daily 11 a.m.** number and pin is **1-712-432-8808 Pin Code 2287#**. Sunday is the Group Inventory "study,” The Monday meetings uses "From Survival To Recovery," Tuesdays is a 4th Step meeting, Wednesdays the topic is the Al-Anon Slogans, Thursdays the topic is Boundaries and Detachment, Fridays we use Opening Our Hearts, Transforming Our Losses, and Saturday is the Seekers of Serenity Speaker Meetings. If there is no speaker, the group simply chooses a topic.
There are also seven autonomous 6 a.m. meetings at 1-712-432-8808 Pin Code 2287#.

Hello Friends! **November 21, 2020**

With the approach of Thanksgiving I wanted to share how thankful I am for the opportunity to help share the experience, strength and hope I've gained through the program and how grateful I am for everything our members do to share Al-Anon with others in their communities. With the Covid-19 crisis worsening across the country, my fellow outreach coordinators and I are sharing creative ideas for continuing to share information about Al-Anon. I'm working to adapt some of them for use in our area and am making final updates to new outreach resources that the WSO recently approved for our use. I'll share those new materials and outreach ideas in my December update.

The WSO's recently shared that the PSA campaign continues to be successful. Because the new vendor sent PSAs out to all stations and is responsible for following up with the stations via email and phone to encourage them to play the PSAs, they are asking that we not attempt to take on that role. Instead, we can make a difference by maintaining existing media relationships and by reach out to non-media outlets such as movie theatres, schools and institutions. They are also encouraging us to share links to the PSAs via social media when appropriate.

A few other ways you can support public outreach at this time include:

- **Ordering and distributing print materials to professionals and organizations nearby. The WSO is continuing to offer reduced shipping rates to $5 for individual orders of up to $50.**
- **Emailing electronic materials to professionals and organizations. Materials can be downloaded at no cost at:**
  - **https://al-anon.org/for-members/members-resources/literature/downloadable-items/**
  - **https://ecomm.al-anon.org/ICommerce/Shop/ICommerce/Store/StoreLayouts/Home.aspx**
- **Reaching out to the medical, nursing and counseling schools at your local colleges and universities to let them know that students are welcome to observe your open meetings.**

As always, I would love your thoughts on things we could be doing in our area to support public outreach.

Until next time…

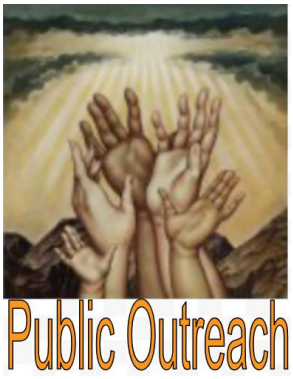
Sheri Bogardus

Public Outreach Coordinator

513-252-4703

swbogardus@gmail.com

Two PSAs versions are available in 15/30/60 seconds at:
https://al-anon.org/media-kit/public-service-announcements/



LITERATURE ORDER FORM

Al-Anon Family Group Headquarters, Inc. - World Service For Al-Anon and Alateen

CONFERENCE APPROVED LITERATURE (CAL) - RECOVERY & SERVICE MANUALS

This Order Form is available online at clevelandal-anon.org

Greater Cleveland Al-Anon Literature Distribution Center is open. Send literature orders to:

cleveland.ohio.ais@gmail.com. Literature order form click please here

You may have your books shipped. We also have literature pick up at the Lakewood office!

Please call ahead. (216) 621-1381

Sharing 7th Tradition With the Three Arms of Service

Contribution Information Your Group's Gift to Al Anon

For All Contributions: Please include your group # (found on the meeting PDF on our website) on the check memo line!

- **How to contribute to Greater Cleveland Al Anon Office:**
  - Please send checks made out to: Greater Cleveland Al-Anon PO Box 42323, Brook Park, OH 44142-0323
- **How to contribute to Ohio Area Assembly:**
  - Make all checks payable to **AFG of Ohio** and mail to: AFG of Ohio, Inc. PO Box 524 Columbiana, OH 44408-0524
- **How to contribute to Alateen:**
  - Make Checks payable to: Cleveland Alateen PO Box 42323 Brook park, Oh 44142-0323
- **How to contribute to WSO:**
  - Make checks to AFG Inc. & send to Al-Anon Family Groups Inc. 1600 Corporate Landing Parkway Virginia Beach VA 23454-5617 or at al-anon.org.

Paths to Recovery Celebrates 5th Anniversary December 1, 2020

Paths to Recovery is celebrating it's 5th Anniversary on Tuesday, December 1st. We will be meeting in person and on the phone with the lead speaker being John W. from Indianapolis, who has spoken at 2 retreats in the past few years not too far from Cleveland.

John has a very moving story, and a wealth of experience, strength and hope to share.

Although we would like to have as many as possible attend in person for our 5th Anniversary, you may also be able to "attend" via the phone. We will open the building and the phone at 6:30 p.m. and leave it open until 9:00 p.m. for visiting. The beginner's group starts at 7:00 p.m. and our regular meeting starts at 7:30 p.m.

If you are attending in person, you're welcome to bring snacks and a beverage for yourself, however due to the Coronavirus resurgence in Cuyahoga County "community food" will not be served.

If you are joining by phone the contact information is... Our meeting phone# is 978-990-5000, then you will enter access code: 832293#. Please use * 6 to mute/unmute.

Please share with us this special celebration of our 5th Anniversary! While Corona may have limited our ability to share food, it doesn't need to limit our ability to share our spirit!

Your Paths to Recovery Al-Anon Family

Precipitation is the key to harmony

Please Consider the **Gratitude Bundle K-1** with free shipping for gifts – to yourself, sponsees, newcomers!

Price: $25.00 from WSO (free shipping).

The Gratitude Bundle Includes:

- Hope for Today (B-27)
- . . . In All Our Affairs: Making Crises Work for You (B-15)
- When I Got Busy, I Got Better (P-78)
- Just for Today Bookmark (M-12)

I love you because I do.

Akron Intergroup Zoom Step Workshops

hosted by Irena H.

11 & 12 - Anonymity & Principles; December 12, 2020

Log-in starts at 8:45; duration 9 a.m. 0 11:45 a.m. (2 hrs 45 min approx.)

Join Zoom Meeting

https://us02web.zoom.us/j/81356351017?pwd=aUF4WThuWjljLytLbnlEekJKWjlrZz09

Meeting ID: 813 5635 1017

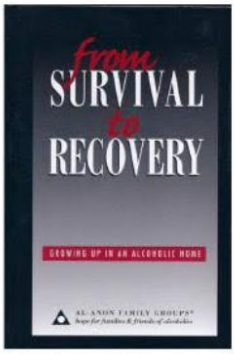
Password: 010355

Dial by your location

+1 929 436 2866 US (New York)

+1 312 626 6799 US (Chicago)

+1 346 248 7799 US (Houston)



Wednesday Workshop Series

Hosted by WA Area - District 13 AFG

From Survival to Recovery

Growing Up in an Alcoholic Home

All Meetings are Wednesday
6:00-7:30 pm PST

Zoom Meeting ID: 387-493-608
Password:123456
https://zoom.us/j/387493608?pwd=MjRUUlJmdUEyaWlWcVl2d1dBeElMdz09

+Dial by your location

+1 253 215 8782 US (Tacoma)
+1 346 248 7799 US (Houston)
+1 669 900 6833 US (San Jose)
+1 312 626 6799 US (Chicago)
+1 646 558 8656 US (New York)
+1 301 715 8592 US (Germantown)

Dec. 2nd	Realistic Acceptance of Responsibility; Steps 4-5-6-7
Dec. 9th	Taking Action on Our Own Behalf; Steps 8-9
Dec. 16th	Living Healthy Lives; Steps 10-11-12
Dec. 23rd	Joy

Take what you like and leave the rest

“Not Spring Yet” Workshop

Work Steps 1-5 with a Sponsor

Bring your sponsor/sponsee (or become a temporary sponsor or get a temporary sponsor)

Saturday February 20, 2021 9-3 pm

All must pre-register. If you do not have a sponsor we will match you to a temporary sponsor for the day that will help you get started with the Steps.

What greater service than sharing the gift of sponsorship?

Please contact Mary Jo if you are willing to be a temporary sponsor.

Newcomers or members without sponsors may also sign up to receive a temporary sponsor.

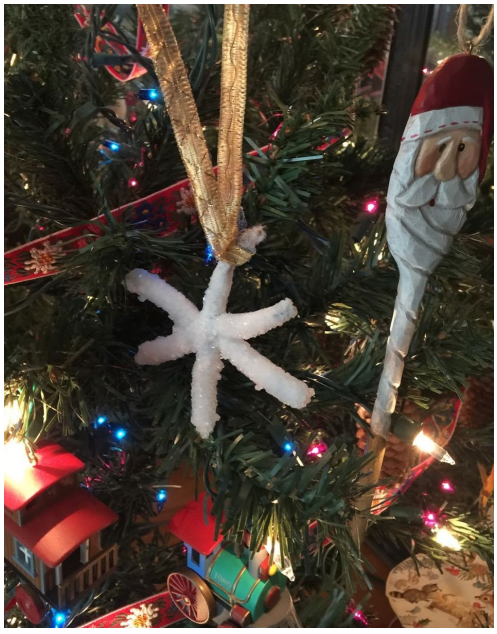
On Zoom - members without internet access can fully participate in this conference. Workshop will bounce between speakers and one on one Step work (phone) using The CAL book How Al-Anon Works. You will also need any spiral notebook. Please be willing to read & journal.

Please Click here to automatically reserve your spot!

Or pre-Register by emailing hilites.clev.ais@gmail.com

or by calling Mary Jo (440) 773-3165.

🎀Thank you for being willing to unwrap the gift of sponsorship!🎀



Never had it so good.