Newsletter of the Greater Cleveland Intergroup Council

December 2019

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Issue 3

Volume 3

Al-Anon *HiLites*

Al-Anon Services

International News
Al-Anon Family Group World Service Office
1600 Corporate Landing Parkway
Virginia Beach, Virginia 23454-5617
Meeting Information
Visit www.Al-Anon.org
Cleveland Area Website
www.clevelandal-anon.org
Do you want HiLites delivered to your email? Contact:
hilites.clev.ais@gmail.com
Do you want HiLites delivered by U.S. Mail?
Call (216) 621-1381
Send All U.S. Mail Correspondence To Greater Cleveland Al-Anon, PO Box 42323, Brook Park, Ohio 44142-0323
Send literature orders to: cleveland.ohio.ais@gmail.com
Cleveland Area Office Location Hours Monday-Thursday
14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107
Please call (216) 621-1381 9:30-3:30 pm before visiting.

This is the month of gift-giving to Al Anon Please see page 10 for donation information. Make your gratitude lists and please join the council for the annual Holiday party! Let's celebrate together! Bring a friend and a hug to share - We'd 2 C U (a $7.00 gift is optional)

Al-Anon *HiLites* Policy: **Al-Anon** *HiLites* includes the experiences and opinions of Al-Anon members and others. Opinions expressed are not to be attributed to Al-Anon, nor does publication of any article imply endorsement by **Al-Anon** or *HiLites.* **Take what you like and leave the rest!**
To contact the volunteer editors of *HiLites*: please email hilites.clev.ais@gmail.com or U.S. mail to PO Box above.

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Any correspondence regarding groups or office literature requests email cleveland.ohio.ais@gmail.com
Or call (216) 621-1381

Publisher
Newsletter of the Greater Cleveland Al-Anon & Alateen Intergroup Council

Al-Anon helps you
find the missing
'Peace'

Intergroup News Cleveland Intergroup Council meets at 7:00 PM at Vincent Charity Hospital Rosary Hall Building 2nd Floor Room 203 -W 2351 East 22nd Street Cleveland, Ohio 44115

Officers & Committee Chairs

Chairperson: Betty	Office: ☆Volunteers	Alateen: Gary & Sara
Secretary: Sheila	World Service	Website: Ray
Treasurer: Merri	Public Information: Regina	HiLites: Mary Jo
	Archives: Vivian	

☆Office volunteers are: Julie C, Vivian M, Nancy H, Kathy B, Susan H & Kathleen M☆

CLEVELAND AL-ANON COUNCIL
Minutes of the Meeting of
October 11, 2019

The meeting was held on October 11 rather than October 18 so that members could attend the 2-Day Fall.

The meeting began at approximately 7:10 p.m. with the Thought for the Day from *Hope for Today* and the Serenity Prayer. Introductions were then made. There were 15 persons in attendance – three advisors, three guests, and nine Group and District Representatives. The minutes of the September 20, 2019, meeting were read and approved as written.

VOLUNTEERS/OFFICE REPORT:

1. Kathy B. reported that training is continuing on shipping. Two-three people have used the program and are getting used to it and are sure how to do it.
2. The new printer that Merri G. purchased is working out better than the previous one.
3. There was a discussion about including copies of the minutes left over after Council meetings in with literature orders. A short discussion followed about the minutes and Media Mail vs. regular mail. A vote was taken and a majority agreed to include any extra copies of the minutes in with the literature orders.

TREASURER'S REPORT: Merri presented her report for September, 2019. See full report attached to these minutes for a breakdown of deposits and disbursements.

Office:

Statement Ending Balance - August	$ 8,406.54
Statement Ending Balance - September	$ 7,888.20

Some items from the report:

1. There were three regular deposits for the month totaling $2,665.52 and two electronic deposits in the amount of $370.06 (Eventbrite, Inc. - $342.21 - for ticket sales sold online for the FUNdraiser, and $27.85 from Sunoco Partners as interest from oil well bequeathed to the Al-Anon office by a deceased member). There were $450.00 in donations, and $1,893.54 as payments for literature orders. $100.00 of the deposits were designated for the FUNdraiser, and $60.00 was from FUNdraiser ticket sales. An anonymous donation was made in memory of Phyllis S., and the group donations were from Courage to Change and Friday One Day at a Time in Independence (thank you!). Another member donation came in from Gary and Sharon J.
2. Nine checks cleared the bank this month in the amount of $2,449.05, and there were four electronic withdrawals in the amount of $209.87, and two other debits totaling $895.00.
3. Literature sales for September were $3,350.97.
4. Shipping costs were $65.29.
5. Our deficit to Al-Anon Family Groups, Inc. is down to $9,622.46 as of the end of September.
6. A discussion followed concerning Merri's term as Treasurer. She encouraged the members to consider running for the position of Treasurer when her term is up next year.

See the full report for details on other items of interest concerning the office.

Respectfully submitted, Merri G., Treasurer

HILITES: Mary Jo M. presented a copy of the full color HiLites for October.

1. There was a discussion regarding the cost of printing the HiLites – color vs. black and white, and also how best to mail them out. Merri will check on the cost and how best to mail.
2. Merri suggested another mass mailing letter be done to all the groups telling them that the HiLites is now up and running. She and Mary Jo will work together on creating the letter. In the letter, the groups will
be asked how many would want the HiLites delivered by mail.

ALATEEN: There was no report.

ARCHIVES: No report.

PUBLIC OUTREACH: Regina gave her report as follows:

1. On Saturday, October 5, 2019, the Geauga County NAMI (National Alliance on Mental Illness) had their annual Walk for Mental Health. This year, the walk was organized from the main office on Mayfield Road in Chesterland, Ohio. The vendors were available from 9-11 a.m. The walk began at approximately 11:30, culminating at one of the local churches where there would be a keynote speaker. Seventeen vendors from various areas were present to extend their expertise in improving the quality of life for those people experiencing mental and emotional challenges. Al-Anon is instrumental in providing potential support for those whose loved ones have addictions, particularly alcohol. Some areas that have also been surfacing associated with addictions have been suicide, domestic violence, and homelessness. There were agencies with information about those topics as well.

2. The Public Outreach Committee participants this year were Veronica, Connie, and Regina. We were able to share about Al-Anon and Alateen. What we do is always welcomed. We will continue to work on increasing our visibility so that more people can be aware and possibly helped.
3. Next, Regina reported on the status of preparations for Gratitude Night. She had made a checklist on what items were needed. Discussion followed and final preparations made. Gift cards will also be purchased for the speakers, as in past years. Motion was then made and approved to provide the Committee with $500.00 towards expenses for Gratitude Night.

Respectfully submitted, Regina F., Public Outreach Coordinator

GREATER CLEVELAND DISTRICTS/WSO/WEBSITE:

1. Kathy B. noted that the website was down for three days.
2. Jan S. presented a report on the 2019 Tri-State Assembly in Chautauqua, New York (AA conference with Al-Anon participation). Jan is currently the Ohio Al-Anon Chair for this event. See attached report for details. Jan remarked that she had difficulty getting the Ohio Assembly to provide literature for this conference. After discussion, motion was made to provide Jan with the funds to purchase and provide Al-Anon literature for this event.
3. Merri again noted that there was an opening for a new Public Outreach Coordinator for Ohio.

NEW BUSINESS:

1. Elections for officer positions – Betty M. and Sheila C. will continue their current positions of Chairperson and Secretary for the year 2020.
2. Merri again encouraged the members to consider running for the position of Treasurer when her term is up next Fall.

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Secretaries: Message from WSO regarding the service manual

It is with great relief that we are able to announce the availability date for printed version of the *2018-2021 Al-Anon/Alateen Service Manual* (P-24/27) version two (2). The online version two (2) *Manual* in all three languages is on schedule to be posted on November 22, 2019 as committed to the World Service Conference (WSC) members earlier in the year. The printed version will be available for shipping in all three languages on January 31, 2020. The new version will be identified with version two (2) on the title page and will contain changes approved at the 2019 WSC and corrections based on previous WSC motions.

Version two (2) includes extensive changes across all sections of the *Manual*; therefore, change pages will not be available to download for this version. Those wishing to have a current printed copy of the *Service Manual* will need to purchase version two (2) from their local LDC or the WSO. As I stated at the 2019 World Service Conference, I regret the challenges we have experienced in publishing and apologize for the long delay in the delivery. I'm grateful to report that we now have systems, checks, and balances in place to ensure these issues don't occur in future. Thank you again for your understanding and patience.

With gratitude,

Vali Fayen | Executive Director

New Way to Designate "Closed" and "Open" Meetings

The Al-Anon Meeting Type designation, which previously referred to whether the meeting was open to visitors or closed to attendance by members only, often confused members and newcomers. It has been replaced by the term Meeting Attendees, and the options have been changed to "Families and Friends Only" and "Families, Friends, and Observers Welcome" on the WSO Group Records Forms. These new descriptions match the wording approved by the Board of Trustees at their April 2019 meeting. The language is consistent with the Al-Anon spiritual principles of confidentiality and anonymity. The new terms were designed to be clearer to new members and more welcoming to both new and potential new members and professionals seeking to understand our program.

From "IN THE LOOP"
News from the WSO

New Meetings

Downtown

St. John's Cathedral
1040 Superior Ave.
Cleveland, Ohio 44114

Monday morning	Sunrise Serenity AFG	7 a.m.
	Beginner's Meeting	8 a.m.
Monday lunchtime	Serenity Brownbag AFG	12:05 p.m.

Near West Side

Rockport Branch Cleveland Public Library
4412 West 140th Street
Cleveland, Ohio 44135

Tuesday afternoon	Beginner's Meeting	12:30 p.m.
	A Spiritual Awakening for Adult Children of Alcoholics AFG	1 p.m.

Brooklyn

Dr. Martin Luther Church
4470 Ridge Road
Brooklyn, Ohio 44144

Thursday Evening		
	Beginner's Meeting	7 p.m.
	Al Anon: How it Works for Adult Children of Alcoholics AFG	7:30 p.m.

Meeting Changes

🚸Child care is no longer available Chagrin Falls Wednesday 10:15

Time Change! Brooklyn Friday AGF⏰
Starting October 18, we will start a beginner's at 6:30 and have the regular meeting at 7:00p.m. This is a change from 8 & 8:30 p.m.⏰

Tuesday's Expect a Miracle has moved to:
7171 Pearl Road Door 5 fellowship hall in Middleburg Heights at 8:00.

Ala Share - monthly sharing of original essays, poems, lyrics & ideas

Members wishing to submit a share please send to hilites.clev.ais@gmail.com

Ala-Share: "Gifts of the Program"

What were the first gifts of the program YOU received? For me, one was a restored relationship with my Higher Power. I've likened it to the doors in adjoining hotel rooms – the door on God's side is ALWAYS open; all I have to do is unlock and open the door on my side. Another was the beginning of an improved marriage. My husband invited me to attend open AA meetings with him, and as I listened I began to have an understanding of our problems from the alcoholic's viewpoint. Each AA speaker gave me so much hope – if that alcoholic could find recovery, maybe my husband could too.

The open AA meetings also explained how to find recovery: *if you want recovery, do service*. Al-Anon service became another gift as I made friends, used talents, and grew self-esteem. For the first time in my life I had a voice and developed leadership skills.

I am not alone. After many years in the program the gifts of talking things over and reasoning things out are still valuable. It's so true: a problem shared is a problem cut in half. A hug is a gift which warms me all over! -Shared by Jan S.

Kitchen Table Phone Meeting: Have your morning tea or coffee with daily CAL readings around the kitchen table just like Lois and Anne. 5:00 a.m. and 6:15 a.m. every day. Dial (712) 432-8818 then 8888# to enter the meeting. Toggle *1 to mute or unmute. Read, share or just listen. It's a wonderful way to start your day! 📞📞📞📞

Alateen Corner

New Meeting: Sunday Church of the Good Shepherd 23599 Cedar Rd. Lyndhurst, 7:30 p.m

December Events

Berea Anniversary Thursday December 5, 2019
St. Thomas Episcopal Church 50 East Bagley (at Seminary) Doors at 6:30, Food 7:00, Leads 7:30
Bring your own special candle.

Greater Cleveland Intergroup Annual Holiday Party
December 20, 2019 7 - 9 pm St. Vincent Charity Hospital Rosary Hall Building 2nd Floor Room 203-W 2351 East 22nd Street Cleveland OH 44115 Optional $7.00 gift exchange. Group reps: bring a friend!

paintings shared by Chris N.

Looking Ahead to January 2020...

Participation is the Key to Harmony Workshop at St. John's Lutheran Church Fellowship Hall 212 N. Clover Street Fremont OH 53520
January 11, 2020 8:30 am -3:30 pm
$5 pre-reg (flyer on pg. 12) or $10 walk in

Twelve Step Serenity Weekend
Focus on the Al Anon Principles
January 25, 26, 27, 2020 1100 Crocker Rd., Westlake, OH 44145
Register to stay or commute (form on page 13 & 14)

LITERATURE ORDER FORM

Al-Anon Family Group Headquarters, Inc. - World Service For Al-Anon and Alateen

CONFERENCE APPROVED LITERATURE (CAL) - RECOVERY & SERVICE MANUALS

This Order Form is available online at clevelandal-anon.org

How to Order Literature from the Greater Cleveland Al Anon Office

1) Use the price list on the clevelandal-anon.org website (first drop down under the document tab). Do not use WSO prices. See above ↑
2) You may call the office for pricing 9:30 a.m. -3:30 p.m. M W or TH.
3) Shipping will be added only to those orders being shipped.
4) Mail literature orders into 14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107
5) or email to cleveland.ohio.ais@gmail.com
6) Send payments to the PO box Greater Cleveland Al-Anon, PO Box 42323, Brook Park, Ohio 44142-0323.

Office Volunteers Needed

Office staff volunteers are needed for **Tuesdays and Fridays 9:30 am-3:30 pm** at the Greater Cleveland Al Anon Office. There is a volunteer form (last drop down under "Documents" tab on clevelandal-anon.org). Office location is 14900 Detroit Avenue, Suite 308, Lakewood, Ohio 44107. You may mail in the form, drop off the form at the office, or download and scan to cleveland.ohio.ais@gmail.com or call (216) 621-1381 9:30-3:30 pm if interested. Thank you for your consideration!

🎀 Donation Information 🔺Your Group's Gift to Al Anon 🎀

How to donate to Greater Cleveland Al Anon Office 🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺

Please send checks made out to
Greater Cleveland Al-Anon
PO Box 42323, Brook Park, OH 44142-0323

How to donate to Ohio Area Assembly 🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺

Make all checks payable to **AFG of Ohio** and mail to:
AFG OF OHIO
P.O. Box 610
Cortland, OH 44410-0610

How to donate to Alateen🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺

make Checks payable to;
Cleveland Alateen
PO Box 42323
Brook park,
Oh 44142-0323

How to donate to WSO🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺🔺

Send donations to Al-Anon Family Groups Inc. 1600 Corporate Landing Parkway Virginia Beach VA 23454-5617 or at al-anon.org.

From the 2019 World Service Conference Summary on page 18 (left hand side, near the top):
"What does it cost to support a group? What should a group be aiming for in contributions to the WSO?

The cost is $292 per group."

It was noted that more info about WSO services to the groups is provided on the back of the November 2019 WSO quarterly plea letter sent to the group CMA (current mailing address). The plea letter and the detailed info "How Al-Anon Serves Your Group and You" are links available for click-on in the November issue of *In the Loop* (News from Your WSO). Any Al-Anon member can subscribe to *In the Loop*.

Please consider donating to WSO (group secretaries should have received the quarterly plea). Many groups have had a good year and are capable of making a sizable donation, so please bring it forward in a group conscience. Without the World Service Conference, we would not have the world wide multi-lingual fellowship of Al Anon.

Greater Cleveland Intergroup

Cordially Invites You to

THE ANNUAL HOLIDAY PARTY

December 20th, 2019

7:00 pm to 9:00 pm

St. Vincent Charity Hospital
Rosary Hall Building, 2nd Floor, Room 203-w
2351 East 22nd Street
Cleveland, OH 44115

Free Parking in hospital lot across the street on East 22nd Street

We will have a short business meeting
Followed by refreshments.
Optional $7.00 gift exchange

☞ ***All are welcome!***

21st Annual Winter Warm-up Workshop

Sponsored by Al-Anon District 39

Participation is the Key to Harmony

Using Concept 4 in Our Personal Lives

Saturday January 11, 2020
8:30 a.m. - 3:30 p.m.

St. John's Lutheran Church Fellowship Hall
212 N. Clover Street Fremont OH 53520
Fellowship Hall is upstairs on 2nd floor
Handicap elevator off Wood Street parking lot

Guest Speaker:
Cindy F. , Parma Heights, OH

- **Registration/Breakfast 8:30-9:30 a.m.;Program begins 9:30 a.m.**
- **Coffee, breakfast and table provided**
- **Meat provided for potluck lunch-please bring a covered dish**
- **Free bottled water provided**
- **Door Prizes, Gift Certificate and 50/50 Raffles**
- **Drawings for free admission in 2021**

Registration fee: $5.00 per person (no refunds; designated transfer permitted)
Walk-Ins on day of workshop:$10 per person
☺ For Information, call Janet P. at 419-334-8325

Cut along line and return with registration by December 16, 2019 with check payable to Janet Provenzale, 127 Briarwood Circle, Fremont, OH 43420

Name:_____
Address:_____
City:_____**State:**_____**Zip:**_____
Phone:_____**Email:**_____

12 STEP SERENITY WEEKEND

FOCUS ON THE AL ANON PRINCIPLES

DOUBLETREE BY HILTON – 216-621-1381

1100 CROCKER RD., WESTLAKE, OH 44145

(indoor pool and hot tub)

JANUARY 25, 26, & 27, 2019

REGISTRATION AND SIGN IN:

FRIDAY IN THE MAIN LOBBY—4:30 TO 6:30 P. M.—PROGRAM STARTS AT 6:45 P.M.

PROGRAM INCLUDES MEALS AS FOLLOWS: PIZZA FRIDAY NIGHT, BREAKFAST & DINNER SATURDAY, and BREAKFAST SUNDAY. SATURDAY LUNCH IS ON YOUR OWN.

MAKE CHECKS OR MONEY ORDERS Payable To:

SERENITY WEEKEND

P. O. BOX #941

AMHERST, OHIO 44001

ROOM RATES-ALL RATES ARE PER PERSON

___Single $185.00 PER PERSON

___Double $140.00 PER PERSON, 2 in a room

___Triple $120.00 PER PERSON, 3 in a room

___Quad $111.00 PER PERSON, 4 in a room

___COMMUTER $80.00

BRING A "MUNCHIE" FOR "MUNCHIE" SWAP FRIDAY NITE
PIZZA will be provided!!!!

!!!!!NO WALK-INS!!! YOU MUST BE REGISTERED TO ATTEND.

REMEMBER: SEND ALL REGISTRATIONS, CHECKS/MONEY ORDERS FOR THE SAME ROOM AT THE SAME TIME!!!! THIS INCLUDES YOU AND YOUR ROOMMATES.

PLEASE PRINT NAME AS YOU WANT IT ON NAME TAG

FIRST NAME_____ **LAST NAME**_____

ADDRESS_____

CITY_____**STATE**_____**ZIP**_____

PHONE_____

EMAIL_____

NAME(S) FOR NAME TAGS
ROOMMATE(S)_____PHONE#_____EMAIL_____
_____

ROOMMATE(S)_____PHONE#_____EMAIL_____
_____

ROOMMATE(S)_____PHONE#_____EMAIL_____
_____

*****IF ROOMMATES CHANGE BEFORE WEEKEND PLEASE CALL LOUISE*****
REGISTRATION IS TRANSFERABLE BUT NOT REFUNDABLE

PAYMENT ARRANGEMENTS / QUESTIONS CAN BE MADE BY CALLING LOUISE T. (1-440-821-4320)
Or email her TEACHERLOU@HOTMAIL.COM

_____PLEASE CHECK IF WE MAY USE YOUR ROOM FOR DISCUSSIONS THIS MEANS YOU WILL MODERATE.
ALL REGISTRATIONS MUST BE POSTMARKED BY JANUARY 11, 2019

*****YOU WILL BE EMAILED WHEN REGISTRATION IS RECEIVED*****

Al Anon Declaration

LET IT BEGIN WITH ME—When anyone, anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and LET IT BEGIN WITH ME.'